

## Lakeside Area Service Minutes: 9/7/25 DBH

Open meeting at 4:47pm, moment of silence, Serenity Prayer.

### **Groups**

- Kleansville: Justin, present: [justingleed@gmail.com](mailto:justingleed@gmail.com)
- Refuse to Use: Mark, present: [masmith@allwest.net](mailto:masmith@allwest.net)
- Key Tag & Hug: Jerry, present [geraldyoder37@yahoo.com](mailto:geraldyoder37@yahoo.com)
- Finally Connected: Present Jake [ja.arch.27@gmail.com](mailto:ja.arch.27@gmail.com)
- Unplug to Heal Present Chelsey W [chel1144@gmail.com](mailto:chel1144@gmail.com)
- New Connections: Arron [dmoore623@gmail.com](mailto:dmoore623@gmail.com)
- Coffee and Recovery: Present Jeff, [jeffhull2023@outlook.com](mailto:jeffhull2023@outlook.com)
- TGIF: Present Sam reporting, Megan [sethbaldwin2011@gmail.com](mailto:sethbaldwin2011@gmail.com)
- SOS: present Mike [love2hunt.bybee@gmail.com](mailto:love2hunt.bybee@gmail.com)
- Spiritual Solutions: not present, Eddie [eddie.f.sandoval@gmail.com](mailto:eddie.f.sandoval@gmail.com)
  - Quorum met 9/9 present

### **Committee**

- Chair: Jess, present: [jessalynseven@gmail.com](mailto:jessalynseven@gmail.com)
- Vice-Chair: Andi, present: [drewcunningham12342@gmail.com](mailto:drewcunningham12342@gmail.com)
- Secretary, James K, present: [jkrstich@gmail.com](mailto:jkrstich@gmail.com)
- Treasurer, Derrick, present: [dbrydson08@gmail.com](mailto:dbrydson08@gmail.com)
- Literature, Marcus, not present: [marcus82off@gmail.com](mailto:marcus82off@gmail.com)
- Activities, Brittni, not present: [brittnimm888@hotmail.com](mailto:brittnimm888@hotmail.com)
- Webmaster, Brittney, not present: [Brittney\\_pine@yahoo.com](mailto:Brittney_pine@yahoo.com)
- H&I, Joe present: [josephpsowers7@gmail.com](mailto:josephpsowers7@gmail.com),
- RCM Open
- Ad-hoc 1 Guidelines, present James K
- Ad-hoc 2 GSR Books, not present Brittni K

### **Reports**

1. Group Reports: see attached written reports
2. Chair: Jess, present No report
3. Vice Chair: present see attached report
4. RCM: Position open. Andi attended, see attached report
5. PR / H&I: Joe, see written report.

6. Activities: Brittnei K. No September activity. Activities Balance \$83.30
7. Webmaster: Brittney P see written report
8. Literature: Not in attendance, \$? Sold, \$513.10 order made. Lit balance: \$ 86.90
  - a. Derrick will fill all the literature orders this month
9. Treasurer: Derrick see written report, \$100.50 working balance to held until next month.
  - a. Some difficulties with Venmo, need to consider some guidelines around Venmo donations to Treasurer. All Venmo donations should be submitted on the day of Area, for area donations and / or literature orders.
10. Ad-hoc Guidelines: James, Guidelines in process. No update at this time.
11. Ad-hoc Storage Inventory / GSR books: Nothing to report.

Open Discussion:

Discussed RCM position. Next Region meeting will be 10/12/25 in Bountiful, hybrid meeting.

Vice Chair, open position.

Next Area October 5th at DBH, 4:45pm.

Business:

1. H&I proposed a billboard, for \$150 monthly charge. This was tabled for H&I bring back options that the area can afford and to provide a sample layout, what should it say, and how much should we pay.
2. New Wednesday meeting, Unplug to Heal, has attended 2 consecutive meetings and will be added to the meeting schedule.

3. Spotlight meeting for August: Unplug to Heal (new Wednesday)
4. TGIF, bonfire and weenie roast TBD.
5. Motion to give the literature chair the debit card for ordering literature. Tabled from last month, groups ready to vote today. Yes 2 for - 5 against - 2 abstain
6. Announcement / Service Needed Review:
  - a. H&I Open positions
    - i. Elevations Youth Coordinator - 2 Years
    - ii. H&I Secretary – 2 Years
    - iii. H&I Vice Chair – 2 Years
    - iv. H&I Literature Person – 1 Year
  - b. RCM – 3 Years
  - c. Area Vice Char – 2 Years

Motion to close at 6:14pm. End of minutes.



09/7/25

Meeting opened 3:30  
with a moment of Silence &  
the Serenity prayer.

Roll call

Andi - P

Joe - P

Caleb - P

Billy - P

Kevin - P

Davis County: Nothing much to  
Report has 2 weeks where we  
are getting Both men & women's  
meetings. Need more Apps.  
off paper for 3 years based on  
charges.  
if you have 3 month fill out an  
app due to processed time

Vihta: Mens 5 Addicts women's had  
5 also, 4 addicts going through  
orientation, if you want to go see  
Cody



Diamond: 3-7 Addicts, 1 Positive Reports Billy wants to take over the position. Caleb wants to stay involved

Billy Qualified.  
Voted in

Need Consistency [ Elevations: position open  
Rack person: position open

Chefs will step up & meet with Jerry : get contacts

Recovery Days: A lot better than last year & Basic texts were given : A lot of Kreytays is the message arrived. ~~A couple Basic texts.~~

Caleb wants 2 couple basic texts. for Diamond.

Motion to Create a billboard  
Passed Need \$150 + \$119.25 lit.

Struggling with Addict? ~~text~~  
text:



Lakeside Unity Area Narcotics Anonymous  
Group Report

Group Name Unplug to Heal Date 9.7.25

MONTHLY

Attendance 40  
Newcomers 2  
Collections \$ unknown  
Rent \$ 25.00  
Literature Order \$ 64.25  
Area Donation \$ 20.00

( \$ 50 prudent  
reserve )

Report

Meetings are going well and attendance  
has been consistently 6-8 people  
per meeting. Very strong clear message of  
recovery. The church is called Alpine  
Syracuse but it is located in Clearfield

Report given by Chelsey W.

Lakeside Unity Area Narcotics Anonymous  
GROUP REPORT

Group Name Surrender on Saturday Date Sept 7

**MONTHLY**

Attendance 102

Newcomers 5

Collections \$ 68

Supplies \$       

Rent \$ 40

Literature Order \$  72.00  
100

Area Donation \$ 7

Report attendance is getting better, gained  
3 more homogroup members,

Report given by [Signature]



September 17<sup>th</sup>

# Group Report: TGIF

Newcomers 2+

Attendance 58+

Collections \$51

Literature ~~\$44~~

Prudent \$48

Meeting is great. Many newbies from treatment centers that got out a continue to show up at meetings. \$

Reporting Megan ♥



# Lakeside Unity Area Narcotics Anonymous

## Group Report

Group Name coffee & recovery Date \_\_\_\_\_

### MONTHLY

Attendance -20 ish a week

Newcomers 5

Collections \$ 140

Rent \$ 50

Literature Order \$ \_\_\_\_\_

Area Donation \$ 70

20 reserve

### Report

new visitor Reached out several  
times came to meetings -  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Report given by \_\_\_\_\_

Lakeside Unity Area Narcotics Anonymous  
GROUP REPORT

Group Name New Connections Date 9-7-2025

**MONTHLY**

Attendance 73

Newcomers 6

Collections \$ 78.50

Supplies \$ —

Rent \$ 20.00

Literature Order \$ ~~300.00~~ 58.70

Area Donation \$ —

Report The meeting has great attendance but still  
lacking home group members. We do not have  
an area ~~recreation~~ donation this month due  
to a larger literature order. Thank you  
for allowing me to serve and be of service

Report given by Amor M



Lakeside Unity Area Narcotics Anonymous  
Group Report

Group Name finally connected Date 9-7-25

MONTHLY

Attendance	<u>115</u>	quase	<u>11.5</u>
Newcomers	<u>3</u>		
Collections	<u>\$ 156</u>		
Rent	<u>\$ 30</u>		
Literature Order	<u>\$ 76</u>		
Area Donation	<u>\$ 30</u>		

Report

Meeting going well Oct  
5 birthdays  
life is good!

Report given by

Lakeside Unity Area Narcotics Anonymous  
Group Report

Group Name Ley Yng & Hing Date 09-07-25

MONTHLY

Attendance 64

Newcomers 5

Collections \$ 69.00

Rent \$ 30.00

Literature Order \$ 21.10

Area Donation \$ 18.00

Report

Meetings are going really good

Message of Recovery really strong

Report given by \_\_\_\_\_



# Lakeside Unity Area Narcotics Anonymous

## Group Report

Group Name Klemmsville Date 2025-09-07

### MONTHLY

Attendance 167

Newcomers 9

Collections \$ 163

Rent \$ 20

Literature Order \$ 84.55

Area Donation \$ 58.45

### Report

Meeting is going well! We continue to have two different  
treatment centers attend regularly. There is a lot of hope and  
recovery happening in our meeting. Thank you all for helping support our  
group!

Report given by 

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 09/07/2025

**MONTHLY**

Attendance	<u>194</u> (Attendance between 3 – 24 for 22 meetings)
Newcomers	<u>4</u>
Collections	<u>\$ 807.08</u> (7 <sup>th</sup> Tradition \$283.08, Campout 524.00)
Activities	<u>\$ 0.00</u>
Rent	<u>\$ 60.00</u>
Pizza	<u>\$ 60.00</u>
Lit and Supplies	<u>\$ 40.80</u>
Travel	<u>\$ 35.00</u>
Area Donation	<u>\$ 300.00</u>
Regional Donation	<u>\$ 0.00</u>
World Donation	<u>\$ 123.28</u>
PO Box Rent	<u>\$ 0.00</u>
Website	<u>\$ 0.00</u>

Report: Our meeting attendance has decreased, with fewer meetings; we do have an Area donation of \$300.00. Our 6th Annual Campout was well attended and we finally got around to spending the money from that. We had elections for meeting openers last month & have gotten some addicts more involved in service..

Report Given By: Mark S. Alternate GSR for the RTU



## RCM Report:

Regional Treasurer: Jess – Bank balance of \$6323.65 after NAWS donation is made. NAWS donation will be \$932.24. Working balance is \$3417.44. PO Box renewal will be automatically withdrawn on 8/15/25.

URICNA transferred \$4041.10 into checking for last years event. Have \$137 in personal Venmo from group donations that needs to be transferred over. That is all to report.

After there was a motion

Motion: To direct the World Board to create a project plan for consideration at WSC 2029 to research and explore the opportunities and obstacles of providing book length pieces of literature to the incarcerated, on tablets, in addition to the IPs and audio version of the Fifth Edition Basic Text that already exist on inmate tablets.

Working balance is \$3417.44, PR and H&I both have \$932.24 - \$5556.42 anticipated donation from Campvention. There has been discussion regarding AD Travel for April/May for WSC. We are also possibly talking about funding our RD travel as well rather than having that funded by NAWS.

Randy Motions: RD and ARD Team come back with proposed budget in October which will be 6 months in advance.

Motion - UWANA suggests we donate \$2000 to WSC from the working balance. – 2 in favor, 1 abstention, 1 opposed. - PASSES

Brittni said she will talk to Cody – it was about \$2800 in 2023, and we expect it will be \$3000-\$3500.

Randy asked what our expenses are for the Region. We have webhosting, storage (split by URICNA and Campvention), the costs are negligible. Our prudent reserve has \$500. Our norm over the last few years we have replenished URICNAs funds, we have hosted Pride and Recovery Days booths. We have spent money on books in the past but that seems to be a thing of the past. Our subcommittees are self supporting for the most part. We have in the past, usually sent most of our money to World. Jess says we have about \$1000 a year in bills. Todd believes that we could easily do \$2500 for the donation rather than \$2000.

The motion passed and our area abstained. As I was not in attendance to the last area nor am I the RD, I do not feel qualified to vote but will continue to report.

## Vice-Chair Report

It has been an honor to be Vice Chair and I have loved being a part of this area. I have moved and am primarily active in SLC. This will be my last report as I am stepping down to take a position in the area that my home group is in. I have loved being the VC for the last two years and have grown to know what areas of service I like and Dislike. If needed I can continue to be RD and show up to report for LAKESIDE until an RD has been found. (or until the end of december whichever comes first)



In the announcements I added some temporary locations for Spiritual Solutions while they get transitioned into their new permanent location on Sept. 28 at 1659 E. 1400 S. in Clearfield. I will update the NA meeting page after the 28th.

I also had an addict reach out about Recovery Days being on the announcements. This is how I responded. I wasn't sure if we wanted to address this further or what? Recovery Days is over now and the announcement has been removed but I wanted the area to know.

Please let me know the decision on the spotlight meeting for the month.

Thank you so much to James and Derrick for always getting me a copy of the minutes and treasurer report.

As far as I know the website is up to date. As always text or email me with any additions, broken links, flyers, or errors.



This note will serve as my report.

I love you all!

ILS

Brittney P

The Web Dom

<div>  <div>Lakeside Unity Area of Narcotics Anonymous - 2025</div>  </div>														
	Notes	January	February	March	April	May	June	July	August	September	October	November	December	
<b>Income</b>														<b>Year-To-Date</b>
Kleansville	M	\$78.00		\$70.50	\$75.00	\$280.00	\$97.10		\$73.83	\$58.45				\$732.88
Key Tag & Hug	Tu	\$37.00	\$54.00	\$30.00				\$33.00	\$38.00	\$18.00				\$210.00
PosiTalk	W			\$100.00										\$100.00
New Connections	W	\$11.00	\$50.00	\$44.00	\$116.00	\$91.00	\$57.00	\$133.00	\$117.00					\$619.00
Unplug to Heal	W									\$20.00				\$20.00
Coffee and Recovery	Th		\$100.00				\$119.00		\$80.00	\$70.00				\$369.00
TGIF	F	\$180.00	\$147.00	\$84.00	\$123.00	\$115.00	\$22.00	\$70.00						\$741.00
Surrender on Saturday	Sa	\$40.00	\$34.00	\$48.00	\$13.00				\$32.00	\$7.00				\$174.00
Spiritual Solutions	Su					\$5.00		\$17.00						\$22.00
Refuse to Use	M, W, F, Sa, Su	\$122.32		\$59.87	\$50.00	\$106.02		\$105.22	\$55.83	\$300.00				\$799.26
Finally Connected	Tu, Th	\$77.51	\$98.10	\$109.00	\$71.18	\$85.33	\$29.50	\$32.57		\$30.00				\$533.19
Other														-
7th Tradition														-
<b>Total Income</b>		<b>\$545.83</b>	<b>\$483.10</b>	<b>\$545.37</b>	<b>\$448.18</b>	<b>\$682.35</b>	<b>\$324.60</b>	<b>\$390.79</b>	<b>\$396.66</b>	<b>\$503.45</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>\$4,320.33</b>
<b>Expenses</b>														
	<i>*Monthly Rent in books and H&amp;I/PR Lit added to Lit Balance only, not a cash expense.</i>													
Area Rent (JFT/SPAD/BASIC)	\$34.40/month	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40				\$309.60
H&I / PR Literature*	as needed			\$9.80						<b>\$119.25</b>				\$129.05
NAWS Donaton	10%	\$54.59	\$48.31	\$231.21	\$144.82	\$115.36	\$32.46	\$39.08	\$39.67	\$50.35	-	-	-	\$755.85
Region Donation	20%	\$109.17	\$96.62	\$109.08	\$89.64	\$136.47	\$64.92	\$78.16	\$79.34	\$100.69	-	-	-	\$864.09
Storage Unit (due on 3rd)	\$69/month	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>	<b>\$69.00</b>				\$621.00
Phone Line	\$25/month	\$10.00	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>\$25.00</b>				\$210.00
Zoom (21st, previous month)	\$17.15/month	<b>\$17.15</b>	<b>\$17.15</b>	<b>\$17.15</b>	<b>\$17.15</b>	<b>\$17.15</b>	<b>\$17.15</b>	<b>\$18.22</b>	<b>\$18.22</b>	<b>\$18.22</b>				\$157.56
Schedules	as needed								<b>\$89.32</b>					\$89.32
H&I / PR Events	as needed					\$200.00	\$81.74			\$25.00				\$306.74
Webpage (8/21/26)	\$370/2-year													-
Wix Domain (3/12/25)	\$48/2-year				<b>\$47.70</b>									\$47.70
GoDaddy Domain (11/2/25)	\$24/year													-
PO Box (3/31/25)	\$182/year				\$192.00									\$192.00
Adjustments / Motions		\$(20.00)				\$(15.00)			\$(4.54)					\$(39.54)
Literature Income		\$282.83	\$395.90	\$433.35	\$483.07	\$50.60	\$105.00	\$219.45	\$229.56	\$345.10				\$2,544.86
Literature Expense		<b>\$621.58</b>		<b>\$554.30</b>	<b>\$666.27</b>	<b>\$377.55</b>		<b>\$350.55</b>		<b>\$513.10</b>				\$3,083.35
Literature Balance	\$624.64	\$320.29	\$750.59	\$673.84	\$583.57	\$391.02	\$530.42	\$433.72	\$600.00	\$585.65	-	-	-	
Activities Income				<b>\$261.00</b>										\$261.00
Activities Expense		<b>\$61.80</b>		<b>\$336.69</b>			\$196.69		\$288.76					\$883.94
Activities Balance	\$152.25	\$228.05	\$378.05	\$302.36	\$302.36	\$302.36	\$105.67	\$232.64	\$83.30	\$83.30	-	-	-	
Total Deposit	-	<b>\$828.66</b>	<b>\$879.00</b>	\$1,239.72	\$931.25	\$732.95	\$429.60	\$610.24	\$626.22	\$848.55	-	-	-	\$7,126.19
Earned Interest	-	<b>\$0.03</b>	<b>\$0.05</b>		<b>\$0.06</b>	<b>\$0.03</b>	<b>\$0.07</b>	<b>\$0.04</b>	<b>\$0.03</b>	<b>\$0.02</b>				\$0.33
Total Expenses	-	\$923.29	\$256.08	\$1,342.43	\$1,251.58	\$925.53	\$486.96	\$580.01	\$604.77	\$801.36	-	-	-	\$7,172.01
Bank Balance	\$780.54	\$685.94	\$1,308.91	\$1,206.20	\$885.93	\$693.38	\$636.09	\$666.36	\$687.84	\$735.05	-	-	-	
Working Balance	\$3.65	<b>\$137.60</b>	<b>\$180.27</b>	<b>\$230.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$4.54</b>	<b>\$66.10</b>	-	-	-	
Prudent Income		<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	<b>\$0.02</b>	-	-	-	\$0.18
Prudent Expense		-	-	-	-	-	-	-	-	-	-	-	-	-
Prudent Balance	\$500.81	<b>\$500.83</b>	<b>\$500.85</b>	<b>\$500.87</b>	<b>\$500.89</b>	<b>\$500.91</b>	<b>\$500.93</b>	<b>\$500.95</b>	<b>\$500.97</b>	<b>\$500.99</b>	-	-	-	