

# Lakeside Unity Area of Narcotics Anonymous Business Meeting Agenda

Elevations Church, Clearfield, UT

Dated January 2, 2022

Open Meeting (4:46 pm) with a "Moment of Silence" followed by serenity prayer.

Service Prayer-Jerry

Twelve Concepts-Trevor

Twelve Traditions-Brittney

Daily Meditation from Just for Today-Rusty

## ROLL CALL-GSR's

1. **Spiritual Solutions (Rob):** Anthony representing
2. **Kleansville (Brett):** Present
3. **Key tag and a Hug (Jerry):** Present
4. **TGIF (Opal):** NP
5. **SOS (Chelsey):** Present
6. **Refuse to Use (Brittney):** Present
7. **New connections (Rusty):** Present
8. **Coffee & Recovery (Marcus):** Present

## ROLL CALL-Executive Committee

1. **Chair (Stephen):** Present
2. **Vice Chair (Trevor):** Present
3. **Secretary (DeLynda):** Present
4. **Treasurer (Bryce):** Present
5. **RCM (Cody):** Present

## ROLL CALL-Sub-Committee Chairs

1. **Public Relations Chair (James):** Present
2. **Literature Chair (Kurtis):** Present
3. **Web Servant (Marshall):** Present
4. **Activities (Derrick):** Present

GSR'S: 7/8 Quorum? Yes

EXECUTIVE COMMITTEE: 5/5

CHAIRS SUB-COMMITTEE: 4/4

## GROUP REPORTS

1. **SPIRITUAL SOULUTIONS:** Written report, attached.
2. **KLEANSVILLE:** Written report, attached.
3. **KEY TAG AND A HUG:** Written report, attached.
4. **TGIF:** Not here, no report
5. **SOS:** Written report, attached.
6. **REFUSE TO USE:** Written report, attached.
7. **NEW CONNECTIONS:** Written report, attached.

8. **Coffee & Recovery:** Written report, attached

### EXECUTIVE COMMITTEE REPORT

**Chair:** Happy New Year, nothing to report. It has been a pleasure serving you guys and I can see some changes coming as we do elections today.

**Secretary:** Minutes will serve as my report.

**Treasurer:** \$1,711.98 checking and \$500.12 saving. This will be my last meeting as your treasurer.

**RCM:** Written report, attached.

### SUB-COMMITTEE REPORTS

**PUBLIC RELATIONS REPORT:** Written report, attached. James resigned effective immediately. PR has a Vice Chair, Anthony, who will assume the duties of the Chair. If GSR's are ok with this, will just have the Vice Chair assume the duties. Elections for this will take place in June. Take back to group's PR Chair is vacant position.

**LITERATURE REPORT:** Sold \$191.76, ordered \$1,120.66. \$393.00 was for PR order which Kurtis ordered hard cover instead of soft cover BT and It Work's How & Why. To exchange these would cause a cost in shipping and he is just wondering if he should just order soft cover books. Believe Area is in a place that he could just order the soft cover and keep the hard cover.

**ACTIVITIES REPORT:** December activity went well, report attached. No activity for January, February will be a Valentine's Day Bingo. Marcus mentioned that there was not a lot of people in attendance and he overheard members sharing that GSR's are quickly reading over the announcements and they really don't get details to attend. Offers suggestion that GSR's take time to read over the announcements. Kurtis said maybe the week of the activity to print flyers and pass them around. Derrick said that when he has printed out flyer's he does not see them at the meetings. Adopting a few different methods, create a booklet for the meetings that has all the events going on to pass around. He said there are a few things in the air. Rusty suggests to create a QR code to the announcements page. Bryce thinks the book is a good idea.

**WEBMASTER REPORT:** Website is being updated. Did add an announcement for PR Chair. If anyone needs any changes, please let Marshall know.

**Does anyone need to be added to the open forum discussion list or have any motions to submit?**

Anthony asked for 1-2 minutes for an announcement.

**BREAK:** 5:32 pm-5:43 pm Open back up with MOS  
7<sup>th</sup> TRADITION COLLECTIONS: \$12.38

### OPEN FORUM DISCUSSION (30 MINUTES):

Anthony: There's a meeting that is going to be starting up in Roy and Anthony asked if they wanted to be a part of Lakeside or Northern? They said Lakeside. This will be a Friday night meeting at 7:00 or 8:00 pm. Will possibly be to the next Area meeting.

## **OLD BUSINESS:**

1. Guidelines: Table or take back to groups? Table. Not ready.
2. Do you want to discuss the RCM resume to be Alt. RD? No, good to go.

## **ELECTIONS:**

**Chair:** Trevor was nominated for the Chair position. Any questions for Trevor? Where do you live? I live in Brigham but am trying to move closer. Voting: 6/6, unanimous. Trevor is new Chair.

**Vice Chair:** No nominations

**Secretary:** Brett notes that Amy is still interested but is sick today. She could not be at the meeting. Asked him to ask her to come to the next meeting and we could nominate her then.

**Treasurer:** Brett was nominated. Brett notes that he has not been able to find anyone to fill the GSR position yet. He can continue to work towards the treasurer position. At this time is not able to accept the nomination. Rusty was also nominated and is willing to serve. Rusty leaves the room. 5/5 for, unanimous. Rusty is new Treasurer.

**RCM:** Adam is still interested but had to go out of town. No other nominations or interested members. Cody can continue to serve through Area in February.

## **NEW BUSINESS:**

1. None

**Next meeting will be February 6, 2021 in Clearfield, UT at the Elevations Church. Business starts at 4:45pm.**

**CONTACT Stephen at 307-679-2270**

**MOTION TO ADJOURN: Anthony**

**Closed at 6:07 pm**

**CLOSE THE MEETING WITH THE 3<sup>RD</sup> STEP PRAYER**



Lakeside Unity Area Narcotics Anonymous  
GROUP REPORT

Group Name Spiritual ~~Down~~ Solutions Date January 2, 2002

**MONTHLY**

Attendance 121

Newcomers 3

Collections \$ 75

Supplies \$       

Rent \$ 30

Literature Order \$ 0

Area Donation \$ 40

Report Meeting attendance is steady. We held  
an additional or special event for December.  
We had approx 40 attendees. 7<sup>th</sup> Tradition  
\$48.00 we donated to Elevation for use  
of facilities. Thank you for letting me  
serve.

Report given by Anthony L.

# Lakeside Unity Area Narcotics Anonymous Group Report

Group Name Klean Sullivan Date 01-02-2022

## MONTHLY

Attendance 55

Newcomers 3

Collections \$ 99

Rent \$ 20

Literature Order \$ 30

Area Donation \$ 49

## Report

Monday night is going well we had Mandy P  
Speak this month and meeting attendance is growing.  
Thank you for letting me server.

Report given by \_\_\_\_\_

# Schedule our report

Ky Jaz & Hug

For everyone My Mom is very in or about

Meeting going really good at Ky Jaz & Hug  
Meeting attendance is picking up.  
and the message of recovery is really strong.

~~41 attendees~~

attendance 40

2 New Centers

take in 155.00 Dollars

Rent 2500

Pizza 70.00

Literature \$ 19.25

Reserve \$ 25.00

Office \$ 6100

# Lakeside Unity Area Narcotics Anonymous

## Group Report

Group Name SOS Date 1-2-22

### MONTHLY

Attendance	<u>48</u>
Newcomers	<u>5</u>
Collections	<u>\$ 116.<sup>00</sup></u>
Rent	<u>\$ 40.<sup>00</sup></u>
Literature Order	<u>\$ 104.<sup>00</sup></u>
Area Donation	<u>\$ 97.<sup>00</sup></u>



### Report

Meeting is going good.

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Report given by Chelsey



**Lakeside Unity Area Narcotics Anonymous  
GROUP REPORT**

Group Name: Refuse to Use Group, Evanston

Date: 1/2/2022

**MONTHLY**

*Attendance	<u>95</u>	
Newcomers	<u>0</u>	
Collections	<u>\$264.11</u>	
Rent	<u>\$60.00</u>	
Pizza	<u>\$50.00</u>	
Area Activity	<u>\$20.00</u>	
Website Hosting	<u>\$78.04</u>	
*Coffee	<u>\$18.00</u>	
Campout Group Sites A&B	<u>\$38.07</u>	(Grand total was \$422.54 so \$384.47 still due)

**The Refuse to Use group continues to do well and to meet in person 5 times each week. Monday, Wednesday, and Friday meetings are held at the Trinity Lutheran Church. Tuesday and Sunday meetings are being held at the Church of Nazarene located at 736 Center Street. We continue to have our birthday meeting on the first Friday of every month (pizza provided by the group).**

**Refuse to Use Group has reserved Group Sites A&B at Stillwater campground for their annual campout. The campout will take place July 8<sup>th</sup>-July 10<sup>th</sup> in 2022. More info on this event will be coming soon!**

**Thank you all for letting me serve.**

**Brittney P. GSR for the RTU**



Lakeside Unity Area Narcotics Anonymous  
Group Report

Group Name New Connections Date \_\_\_\_\_

MONTHLY

Attendance 25ish

Newcomers X

Collections \$ 63

Rent \$ 20

Literature Order \$ 0

Area Donation \$ 43

Report

Meeting is great, Attendance is getting  
better now that it's colder

Report given by Rusty

Lakeside Unity Area Narcotics Anonymous  
GROUP REPORT

Group Name Coffee & Recovery Date 1-2-22

**MONTHLY**

Attendance

200

Newcomers

0

Collections

\$ 164

Supplies

\$ 10

Rent

\$ 50

Literature Order

\$ 39

Area Donation

\$ 32 19 word  
13 region

Report Meeting is going good.

Report given by Markus

# Treasurer's Report

1/02, 2022

Afternoon everyone

Our bank balance as of 12/31/21 is \$1,711.98 in checking (\$500.12 in savings).

Please remember to cross reference your monthly donations on the YTD worksheet. This is your first line of protection to ensure that the areas funds are being properly accounted for.

If you need anything between area meetings, my number and email are listed below.

My email is [bryced35@gmail.com](mailto:bryced35@gmail.com)

Phone: 801-645-8429

Thanks for letting me serve

Bryce D

## Regional report for lakeside area.

4 out of 5 RCM's present

Small discussion about moving funds from pi to h&i.

Treasure. I have paid storage unit have paid campventions portion un certain on uricna we received 476.87 from areas 91.00 from members and groups. Total working balance 3195.68 Pi balance1467.40 H&i 849.70 our storage unit increased by 7.00 we will be current through June.

RD. so the interim car and cat is out. A lot of discussion on the car and cat.

We will probably go back to using one vote as a home group that way everyone has a balance to these votes versus just the areas. Discussion on up coming dates for the delicate team.

RDA. Thanks for letting me be of service. I have resigned

Web everything has been updated and is current. Based on analytics we are up about 9 Percent. Also utahna.org has been bought and redirected. To nautah.org.

Outreach. Have hit some meetings and learned more about northern and are working on getting back to the region. Waiting on rcm to be elected.

H&i I spent quite a bit of time getting an h&i order together for 7 of our county jails. We have a proposal for what we would like to see for literature for county jails. Weber county jail have went through 15 people and they have said no thank you we have been getting lit for a nonprofit from New York. 1697.09 is what is being asked for. also please check with SLC jails and prisons.

URICNA. Rusty uricna was a success but we did have some merch problems and did over pay on airfare but this will be resolved. Next audit will be jan 16<sup>th</sup> 11.am and location tbd.



Central. Money flow vote through my area was a no. we made a regional donation of 16.00 score fundraiser jan 16<sup>th</sup> sledding and coco and a link will be up soon.

Lake side.

Sasquatch. Has any one heard from sarah? As acting rcm we have some votes and have voted 15 15 and 70. And still have 50 to 50 meetings via zoom and in person.

Uwana. Handi continues to go well but are struggling to get people into these facilities. Pr is continuing to grow and are getting psa on radio. Next event dec 17<sup>th</sup> zoo lights also have a new year event. Check their website.

Northern. The last area we did have some nominations for next year a web servant sec rcm and a chair those will be voted on next sat. out side of that we have some activities in logan when they meet for area a Christmas dinner.so we are low on people to be willing for a NUACNA so there is funds a hotel and even currently a registration. We have merchandise ready to be printed. Have logo and everything.

Affirmations for Kevin as chair of uricna. What improvements could you see for this next event. Like being more organized and how can you get more new comers to show up. We can do better at this as well maybe even more outreach for the event. Voted 4 for 4 yes.

Rob R. as uricna treasure. Voted 4 of 4 yes.

Open forum.

Discussion on rd and rda travel.

No changing of guidelines for rd and rda travel.

H&I steps by mail and guidelines. Vote to approve . Behind the wall sponsorship Guidelines.

Motion on floor there is a split decision on the floor and goes to facilitator for the tie breaker. Tie was broke and motion passed.

Rda cody was nominated. His service resume will be attached so area can take a vote to come forward.

James h nominated. And respectfully decline.

Next regional meeting. Collyn is checking and will meet in uwana.

## Cody P Service Resume

Hello everyone as a member of narcotics anonymous. I am constantly learning and wanting to expand my knowledge of the program the traditions and all while working the steps. I also strive to bring a clear conscious to this program. I have always wanted to be apart of the regional delegate team. Following are some of my previous experiences in service and this list is always growing and changing due to my recovery program always evolving.

2013-2019 LPG group meeting opener

2014 Merchandise chair for URMRCNA

2015 LPG Campout chair

2017 LPG Birthday party chair

2019-2020 RTU group Secretary

2019-2021 RTU group meeting opener

2021-Current RTU Group B-day Party Chair

2020-Current RCM for lakeside

2020- Current PR committee member

Thank you for your consideration in this RDA position I will always care a clear regional conscious to and from world.

Thank you, Cody P,

PR/H&I Meeting January 2, 2022

Start time: 3:58 PM

Prayer: Serenity Prayer

Just For Today: Kurtis R

Service Prayer: Anthony L

Attendance:

1. James K, Chair
2. Anthony L, Vice Chair
3. Jerry Y, Elevations Coordinator
4. Delynda, Secretary
5. Steve, Interested Member
6. Brittney P, CM
7. Jail Coordinator (vacant)
8. Kurtis, Literature
- 9.

February 6th, 2022 next meeting, 3:45pm at Elevations Church.

Guidelines: Updated and Approved as of 11/1/20

- Nothing currently.

Vice Chair: Developing lists of facilities in the Davis County area including correctional, hospitals, and other facilities that interact with addicts. Making it easy for us to contact and follow up with these facilities.

Review and edit letter developed for PR and H&I facilities.

Elevations

- Jerry – Three members have submitted info and are waiting background check results.
  - No meetings are happening at this time.
- Current list of active members:
  - Kurtis
  - Mande P
  - Jerry
  - Tyson
  - Kevin H
  - Anthony L
  - Sarah W
  - Chelsea
  - Brandi

Jail

- Need a panel coordinator.
- Contact made with the Tyrrelle at the Davis County Jail.
  - No meetings happening currently.
  - Would like any materials sent in that are available
    - Books
    - Pamphlets
    - Workbooks
    - etc.



- Some funds were set aside last year for sending books to the facility. Does Area still have these funds?
- Region does have some funds available for Davis County Jail. We will confirm with that committed on December 11 what is available.
- All current providers do not need to meet any new requirements. Their status will remain as-is for now.
- They have one class happening virtually and we asked to be considered for hosting a virtual NA meeting in the facility. More information to come on this effort.

Open discussion

- Can we shorten the business meeting and set aside some time for developing processes for PR and H&I?
  - Develop documentation for some positions and priorities
  - Help others become more interested in service
  - Provide proper resources for people to be able to perform their positions
- James K has resigned from the PR Chairperson position effective immediately.

Closed at 4:31pm

End of Minutes

James K

PR Chair

1/2/22

Lakeside ASC:

Please accept this letter as my resignation from the PR Chairperson position as of 1/2/22. I feel like I am no longer able to give my time and commitment to this position. My recovery and personal life are currently suffering, and I need to adjust my commitments.

While I do appreciate the lessons learned over the last 22 months as your PR/H&I chair, I do understand that the current ASC bylaws prevent me from taking another position for the next 6 months.

Thank you and I will provide information and support to the committee as needed.

In loving service,

James K

# LITERATURE

January 2022

SOS	\$103.76
Coffee & Recovery	\$38.75
Key tag & A Hug	\$49.25
Total	<hr/> \$191.76

# Activities Chair Report December 2021

## Activity: Cookie Decorating and Ugly Sweaters:

We had a lot of fun getting festive for the holiday. Melinda B from Central shared an inspiring message of recovery.

### Activity expenses:

Venue: \$50.00  
 Decorations: \$77.92 (covered out of activities monthly budget)  
 Cookies and frosting: \$49.28  
 Sprinkles and piping bags: \$102.79  
 Food: \$175.74

Total expenses out of pocket: \$377.81      Funds used from activities budget: \$77.92

### Activity income:

Cash: \$413.00  
 Income after out of pocket expenses: \$35.19

