

Lakeside Area Service Minutes: 11/2/25 DBH

Open meeting at 4:44pm, moment of silence, Serenity Prayer.

Groups

- Kleansville: Justin, present: justingleed@gmail.com
- Refuse to Use: Mark, present: masmith@allwest.net
- Key Tag & Hug: Jerry, present geraldyoder37@yahoo.com
- Finally Connected: Present Jake ja.arch.27@gmail.com
- Unplug to Connect: not Present (Chelsey S present) Chelsey W chel1144@gmail.com
- New Connections: Arron dmoore623@gmail.com
- Coffee and Recovery: Present Jeff, jeffhull2023@outlook.com
- TGIF: Present Sam reporting, not Megan sethbaldwin2011@gmail.com
- SOS: present Mike love2hunt.bybee@gmail.com (Morgan filled in)
- Spiritual Solutions: not present, Eddie eddie.f.sandoval@gmail.com
 - Quorum not met 8/10 present

Committee

- Chair: Jess, present: jessalynseven@gmail.com
- Vice-Chair: Open
- Secretary, James K, present: jkrstich@gmail.com
- Treasurer, Derrick, not present: dbrydson08@gmail.com
- Literature, Marcus, present: marcus82off@gmail.com
- Activities, Brittini, present: brittnimm888@hotmail.com
- Webmaster, Brittney, not present: Brittney_pine@yahoo.com
- H&I, Joe present: josephpsowers7@gmail.com,
- RCM Open
- Ad-hoc 1 Guidelines, present James K
- Ad-hoc 2 GSR Books, present Brittini K

Reports

1. Group Reports: see attached written reports
 - a. Unplug to connect, Chelsey S - meeting going great, lit order, no area donation
2. Chair: Jess, present No report
3. Vice Chair: open

4. RCM: Position open. Arron M was elected.
5. PR / H&I: Joe, lots of open positions. See written report.
6. Activities: Brittnei K. Pumpkin carving went well. Collected \$215, spent \$260, will donate the difference. No November activity planned, please attend neighboring area activities. Will host the December Area Meeting meal.
7. Webmaster: Brittney P Hi Jess, 11-02-25

We are not going to make it to the area meeting today. Rhoan is really sick and kept me up all night long. He's been running a fever and I need to be home with him.

I believe the website is current and up to date. If there are any announcements that are old, new, needing updated, or broken links please text me at 307-677-2045 and I will make changes.

Please let me know what the monthly spotlight meeting will be.

I will miss all of your smiling faces today. Thank you for letting serve the area.

ILS

Brittney P.

The Web Dom

8. Literature: Marcus, \$766.30 order made, \$264.11 orders filled, Lit balance: \$281.01
9. Treasurer: Money collected, full report will be available next week.
10. Ad-hoc Guidelines: James, Guideline presented, will be distributed for review in the minutes and on the website. Please bring comments and how long the home groups would like to have for a review period, 1,2, or 3 months, etc.
11. Ad-hoc GSR books: Nothing to report.

Open Discussion:

Literature racks

1. Diamond Detox
2. Job Corp (closed)

3. Methadone Clinic in Layton
4. Safe Harbor in Layton
5. AP&P in Farmington
6. DCJ Lobby (slots on wall)
7. Active Recovery in Centerville
8. South Davis Recovery Club in Bountiful

RCM position.

- Nichole 2 years clean, can attend all meetings, interested in serving.
 - o Please attend next area to get involved with either the vice-chair or other position that is aligned with clean time.
- Arron 33 months clean, can attend all meetings, only interested in RCM, does attend meetings outside or LUANA.
 - o 7 for - 0 against - 1 abstain, will represent LUANA at the next Region meeting.
 - o No GSRs opposed the 3-month differential in clean time. No GSRs requested to take the waiver back to the home groups.

Next Region meeting will be 12/14/25 zoom.

Vice Chair, open position.

New Guidelines will be sent out with minutes and posted on the website.

New Area Service Pamphlet will be sent out with minutes and posted on the website.

All positions will be voted on next month; food will be served at the December meeting.

Next Area December 7th at DBH, 4:45pm.

Business:

1. H&I proposed a billboard, for \$150 monthly charge. This was tabled for H&I bring back options that the area can afford and to provide a sample layout, what should it say, and how much should we pay. (Tabled again)

- a. Motioned to remove this effort, passed unanimously.
- 2. Spotlight meeting for Spotlight meeting- TGIF
- 3. Announcement / Service Needed Review:
 - a. H&I Open positions
 - i. Elevations Youth Coordinator - 2 Years
 - ii. H&I Secretary – 2 Years
 - iii. H&I Vice Chair – 2 Years
 - iv. H&I Literature Person – 1 Year
 - b. RCM – 3 Years (Arron M)
 - c. Area Vice Char – 2 Years

Motion to close at 5:45pm. End of minutes.

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Kleonsville Date 2025-11-01

MONTHLY

Attendance 76

Newcomers 6

Collections \$ 92

Rent \$ 20

Literature Order \$ 71.36

Area Donation \$.64

Report

We are in need of homegroup members willing to be of service.

Thank you!

Report given by 

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Key Tag & Hug Date 11-02-25

MONTHLY

Attendance 72

Newcomers 4

Collections \$ 102.00

Rent \$ 30.00

Literature Order \$ 47.25

Area Donation \$ 25.00

Report

Meetings are going really well, the
message of Recovery really strong!

Report given by _____

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Finally connected Date 11-2-25

MONTHLY

Attendance 13 people

Newcomers 1

Collections \$ 124

Rent \$ 30

Literature Order \$ 20

Area Donation \$

Report

\$74 to Union
Mickins going well The place to be
on Tuesday and Thursday in Evanston at
7:00

Report given by Oake

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name New Connections Date 11-2-2025

MONTHLY

Attendance 112

Newcomers 13

Collections \$ 177.50

Supplies \$ —

Rent \$ 20.00

Literature Order \$ 3.00

Area Donation \$ 157.50

Report The meeting has seen an influx of members
and it has been great. We have seen a lot of newcomers
and out of town visitors. Thank you for allowing
me to serve and be of service

Report given by Arron M.

Group Name Surrender on Saturday

Attendance

79

2

\$ 74.50

\$ _____

\$ 40

\$_____

\$34.50

Report _____

Report given by Kera Brodeur

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 11/02/2025

MONTHLY

Attendance 205 (Attendance between 4 – 19 for 20 meetings)

Newcomers 2

Collections \$ 451.13

Activities \$ 150.00

Rent \$ 60.00

Pizza \$ 60.00

Lit and Supplies \$ 88.13

Travel \$ 0.00

Area Donation \$ 0.00

Regional Donation \$ 0.00

World Donation \$ 0.00

PO Box Rent \$ 0.00

Website \$ 93.00

Report: **Our meeting attendance has decreased, with fewer meetings; we do have an Area donation of \$50.00. Our Halloween Party was planned for October 25th and was well attended and we are planning something for addicts to do around Thanksgiving.**

Report Given By: Mark S. Alternate GSR for the RTU

10.70-2

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee Recovery Date 10-31-25

MONTHLY

Attendance avg 25
Newcomers avg 6
Collections \$ 200 est
Rent \$ 60
Literature Order \$ SKIP 21-40
Area Donation \$ 60

Report

We are sponsoring ice cream
@ Ukicna friday 9PM

new mens group been coming. Step
daddies still going

Report given by Jeff

Chair Joe present

H + I Report

Nov 2nd.

Vice Chair open

Secretary open

PR - literature
open

Elevations still open position

Diamond detox - not present no report speaks every week only missed 1 week with last 2 months.
Diamond detox is very happy with how the meetings have been going

UMTA co. sail. going great w/ that orientation for new members. and

re orientation for existing members.

Davis county 2 applications pending Tail meetings going in 2 times
a month.

 Lakeside Unity Area of Narcotics Anonymous - 2025 														
	Notes	January	February	March	April	May	June	July	August	September	October	November	December	
Income														Year-To-Date
Kleansville	M	\$78.00		\$70.50	\$75.00	\$280.00	\$97.10		\$73.83	\$58.45	\$40.60			\$773.48
Key Tag & Hug	Tu	\$37.00	\$54.00	\$30.00				\$33.00	\$38.00	\$18.00	\$27.00	\$25.00		\$262.00
PosiTalk	W			\$100.00										\$100.00
New Connections	W	\$11.00	\$50.00	\$44.00	\$116.00	\$91.00	\$57.00	\$133.00	\$117.00		\$75.00	\$157.50		\$851.50
Unplug to Connect	W									\$20.00	\$56.00			\$76.00
Coffee and Recovery	Th		\$100.00				\$119.00		\$80.00	\$70.00	\$25.00	\$60.00		\$454.00
TGIF	F	\$180.00	\$147.00	\$84.00	\$123.00	\$115.00	\$22.00	\$70.00						\$741.00
Surrender on Saturday	Sa	\$40.00	\$34.00	\$48.00	\$13.00				\$32.00	\$7.00	\$51.00	\$34.50		\$259.50
Spiritual Solutions	Su					\$5.00		\$17.00						\$22.00
Refuse to Use	M, W, F, Sa, Su	\$122.32		\$59.87	\$50.00	\$106.02		\$105.22	\$55.83	\$300.00		\$50.00		\$849.26
Finally Connected	Tu, Th	\$77.51	\$98.10	\$109.00	\$71.18	\$85.33	\$29.50	\$32.57		\$30.00	\$37.00			\$570.19
Other														-
7th Tradition														-
Total Income		\$545.83	\$483.10	\$545.37	\$448.18	\$682.35	\$324.60	\$390.79	\$396.66	\$503.45	\$311.60	\$327.00	-	\$4,958.93
Expenses	<i>*Monthly Rent in books and H&I/PR Lit added to Lit Balance only, not a cash expense.</i>													
Area Rent (JFT/SPAD/BASIC)	\$34.40/month	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	-		\$344.00
H&I / PR Literature*	as needed			\$9.80						\$119.25				\$129.05
NAWS Donaton	10%	\$54.59	\$48.31	\$231.21	\$144.82	\$115.36	\$32.46	\$39.08	\$39.67	\$50.35	\$31.16	\$32.70	-	\$819.71
Region Donation	20%	\$109.17	\$96.62	\$109.08	\$89.64	\$136.47	\$64.92	\$78.16	\$79.34	\$100.69	\$62.32	\$65.40	-	\$991.81
Storage Unit (due on 3rd)	\$69/month	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00		\$759.00
Phone Line	\$25/month	\$10.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00		\$260.00
Zoom (21st, previous month)	\$17.15/month	\$17.15	\$17.15	\$17.15	\$17.15	\$17.15	\$17.15	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22		\$194.00
Schedules	as needed								\$89.32		\$44.00			\$133.32
H&I / PR Events	as needed					\$200.00	\$81.74			\$25.00				\$306.74
Webpage (8/21/26)	\$370/2-year													-
Wix Domain (3/12/25)	\$48/2-year				\$47.70									\$47.70
GoDaddy Domain (11/2/25)	\$24/year													-
PO Box (3/31/25)	\$182/year				\$192.00									\$192.00
Adjustments / Motions		\$(20.00)				\$(15.00)			\$(4.54)					\$(39.54)
Literature Income		\$282.83	\$395.90	\$433.35	\$483.07	\$50.60	\$105.00	\$219.45	\$229.56	\$345.10	\$386.26	\$264.11		\$3,195.23
Literature Expense		\$621.58		\$554.30	\$666.27	\$377.55		\$350.55		\$513.10		\$766.30		\$3,849.65
Literature Balance	\$624.64	\$320.29	\$750.59	\$673.84	\$583.57	\$391.02	\$530.42	\$433.72	\$600.00	\$585.65	\$783.27	\$281.08	-	
Activities Income				\$261.00										\$261.00
Activities Expense		\$61.80		\$336.69			\$196.69		\$288.76					\$883.94
Activities Balance	\$152.25	\$228.05	\$378.05	\$302.36	\$302.36	\$302.36	\$105.67	\$232.64	\$83.30	\$83.30	\$250.00	\$250.00	-	
Total Deposit	-	\$828.66	\$879.00	\$1,239.72	\$931.25	\$732.95	\$429.60	\$610.24	\$626.22	\$848.55	\$697.86	\$591.11	-	\$8,415.16
Earned Interest	-	\$0.03	\$0.05		\$0.06	\$0.03	\$0.07	\$0.04	\$0.03	\$0.02	\$0.06			\$0.39
Total Expenses	-	\$923.29	\$256.08	\$1,342.43	\$1,251.58	\$925.53	\$486.96	\$580.01	\$604.77	\$801.36	\$249.70	\$976.62	-	\$8,398.33
Bank Balance	\$780.54	\$685.94	\$1,308.91	\$1,206.20	\$885.93	\$693.38	\$636.09	\$666.36	\$687.84	\$735.05	\$1,183.27	\$797.76	-	
Working Balance	\$3.65	\$137.60	\$180.27	\$230.00	\$0.00	\$0.00	\$0.00	\$0.00	\$4.54	\$66.10	\$150.00	\$266.68	-	
Prudent Income		\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	-	-	\$0.20
Prudent Expense		-	-	-	-	-	-	-	-	-	-	-	-	-
Prudent Balance	\$500.81	\$500.83	\$500.85	\$500.87	\$500.89	\$500.91	\$500.93	\$500.95	\$500.97	\$500.99	\$501.01	\$501.01	-	

What Is Service?

Service is any action we take to help carry the message of recovery. This may include:

- Setting up chairs and making coffee
- Sponsoring other members
- Sharing in meetings
- Being a Group Service Representative (GSR)
- Serving on an Area committee or subcommittee

Every act of service, no matter how small, helps support the atmosphere of recovery in NA.

Why Service Is Important?

Service plays a vital role in maintaining our connection to the fellowship and to our recovery. When we serve, we:

- **Give back** what was freely given to us
- **Strengthen unity** within the fellowship
- **Build accountability and responsibility**
- **Grow personally and spiritually** through practicing humility and generosity

Service also helps keep our focus on helping others instead of returning to old behaviors

Who Benefits from Service?

Service benefits:

- **The Individual:** We experience growth, connection, and purpose.
- **The Home Group:** Meetings remain active, welcoming, and stable.
- **The Area:** Resources, communication, and support networks stay strong.
- **The Fellowship as a Whole:** NA continues to carry the message worldwide.
- **The Newcomer:** Without service, there would be no meetings and no program for them to find.

When we serve, we help ensure that NA will be here for future addicts seeking recovery.

Spiritual Principles in Service:

Service allows us to practice:

- Unity
- Responsibility
- Humility
- Integrity
- Willingness
- Gratitude

These principles help us grow in recovery and build meaningful relationships with others.

"We Keep What We Have by Giving It Away"

Service is how we live the message of NA. It keeps us connected, reminds us of where we come from, and allows us to be part of something larger than ourselves.

By giving back, we not only help others find recovery—we strengthen and deepen our own.

How You Can Get Involved

- Help set up or clean up meetings
- Join a subcommittee
- Attend the Area Service Committee (ASC) as a visitor
- Become a GSR when your group is ready

We choose our involvement; the principle of autonomy dictates that we are responsible for our recovery and that we all have a special talent, gift, and experience to share.

First Sunday of each month at 4:45 PM

Our Active Subcommittees

- ## Contact & Participation

Your voice matters. Your presence matters.
Your recovery matters.

***Lakeside Unity Area of
Narcotics Anonymous***



All you need is willingness. We learn by doing, and we support each other in service.

Service is a foundational part of recovery in Narcotics Anonymous. It allows us to give back what was freely given to us, strengthen our personal recovery, and support the continuation of the fellowship so others may find freedom from addiction.

Lakeside Unity Area of Narcotics Anonymous

Area Service Committee Guidelines – For Review and Approval - November 2025

ASC Meeting Details:

Meets: First Sunday of each month at 4:45 PM

Location: DBH, 934 S Main, Layton, UT 84041

Format: In-Person Only

1. Purpose

The purpose of the Lakeside Unity Area Service Committee (LUASC) is to support local NA groups in carrying the message to the addict who still suffers, in accordance with the Twelve Traditions and Twelve Concepts of NA. The ASC exists to coordinate efforts and provide services the individual groups cannot easily provide alone.

2. Membership

Voting Members:

- Group Service Representatives (GSRs) or their alternates. Each established NA group in the Lakeside Unity Area has one vote.

Non-Voting Participants:

- Subcommittee Chairs (unless also serving as GSRs)
- ASC Officers (Chair, Vice Chair, Secretary, Treasurer, RCM, etc.)
- Visitors and observers

3. Trusted Servants

Elections for all Area trusted servant positions are held each December, with terms beginning in January.

3.1 Area Chair

Suggested Clean Time: 3 years

Purpose: Facilitates ASC meetings and ensures business is conducted spiritually.

Responsibilities:

- Prepares and leads ASC meetings
- Ensure Traditions and Concepts are upheld
- Maintains order and unity
- Does not vote except to break ties

3.2 Area Vice Chair

Suggested Clean Time: 2 years

Purpose: Supports Chair and assists subcommittees.

Responsibilities:

- Fills in for Chair when needed
- Supports subcommittees
- Encourages unity in service

3.3 Secretary

Suggested Clean Time: 2 years

Purpose: Maintains ASC documentation.

Responsibilities:

- Records and distributes minutes
- Maintains contact lists
- Stores ASC records

3.4 Treasurer

Suggested Clean Time: 3 years

Purpose: Manages ASC finances.

Responsibilities:

- Maintains financial records
- Reports on monthly finances
- Handles deposits and expenses
- Maintains prudent reserve

3.5 Regional Committee Member (RCM)

Suggested Clean Time: 3 years

Purpose: Represents Area at Region.

Responsibilities:

- Attends ASC and RSC meetings
- Reports information between Area and Region
- Communicates Area concerns to Region

3.6 Alternates

Purpose: Learn and support corresponding trusted servant role.

Suggested Clean Time: Same as corresponding position.

3.7 Group Service Representatives (GSRs)

Purpose: Carry group conscience to ASC.

Responsibilities:

- Attend ASC meetings and vote
- Report ASC info to group
- Communicate group needs and concerns

4. Subcommittees

The Lakeside Unity Area supports the following subcommittees:

- Hospitals & Institutions (H&I) — Brings meetings to facilities.
- Public Relations (PR) — Provides accurate NA information to the public.
- Activities — Plans unity and recovery events.
- Literature — Maintains NA literature stock and sales.
- Web/Technology — Manages website and online communications.

Each subcommittee sets its own meeting schedule and reports monthly to ASC.

5. ASC Meetings

Meetings are held monthly.

Meeting Format:

1. Serenity Prayer
2. Reading(s) (Traditions, Concepts, ASC Purpose)
3. Roll Call
4. Minutes Approval
5. Reports
6. Group Reports
7. Old Business
8. New Business
9. Announcements
10. Closing Prayer

6. Decision-Making

The ASC uses group conscience.

Voting:

- Each group has one vote.
- Simple majority (50% + 1) passes motions.
- Policy changes require a 2/3 majority after groups review.

7. Finances

The ASC is supported by group donations, literature sales, and fundraisers.

- The Treasurer provides a written report monthly.
- All expenses must be approved by ASC vote.
- A PO Box is maintained for use by ASC.

8. Literature Handling

The Literature Chair maintains literature based on NA World Services pricing and provides monthly inventory and sales reports.

9. Removal of Trusted Servants

Trusted servants may be removed by 2/3 ASC vote for:

- Relapse
- Misuse of funds
- Failure to fulfill duties
- Behavior in conflict with NA principles

10. Amendments

These guidelines may be amended by a 2/3 ASC vote after groups review proposed changes.

11. Prudent Reserve

The Lakeside Unity Area maintains a prudent reserve of \$500. Funds above the prudent reserve may be donated to the Region and the World Service Office in accordance with spiritual principles of NA.

12. H&I and PR Combination Clause

If the Area does not have enough trusted servants to support separate Hospitals & Institutions (H&I) and Public Relations (PR) subcommittees, these subcommittees may be combined into a single H&I/PR Subcommittee until such time that adequate trusted servants are available to resume independent functioning.

13. Interpretation and Deviations

Any interpretations or deviations from these guidelines must be discussed and decided using the group conscience of the Area Service Committee.

14. Ad-Hoc Committees

The Chairperson may appoint an ad-hoc committee to address specific tasks or temporary projects as needed. These committees serve for the duration of the assigned project and are dissolved upon completion.

15. Utah Corporation

A Registered Agent is identified and maintained with the State of Utah each year in October.