

## What Is Service?

Service is any action we take to help carry the message of recovery. This may include:

- Setting up chairs and making coffee
- Sponsoring other members
- Sharing in meetings
- Being a Group Service Representative (GSR)
- Serving on an Area committee or subcommittee

*Every act of service, no matter how small, helps support the atmosphere of recovery in NA.*

## Why Service Is Important?

Service plays a vital role in maintaining our connection to the fellowship and to our recovery. When we serve, we:

- **Give back** what was freely given to us
- **Strengthen unity** within the fellowship
- **Build accountability and responsibility**
- **Grow personally and spiritually** through practicing humility and generosity

*Service also helps keep our focus on helping others instead of returning to old behaviors*

## Who Benefits from Service?

Service benefits:

- **The Individual:** We experience growth, connection, and purpose.
- **The Home Group:** Meetings remain active, welcoming, and stable.
- **The Area:** Resources, communication, and support networks stay strong.
- **The Fellowship as a Whole:** NA continues to carry the message worldwide.
- **The Newcomer:** Without service, there would be no meetings and no program for them to find.

*When we serve, we help ensure that NA will be here for future addicts seeking recovery.*

## Spiritual Principles in Service:

Service allows us to practice:

- Unity
- Responsibility
- Humility
- Integrity
- Willingness
- Gratitude

*These principles help us grow in recovery and build meaningful relationships with others.*

## "We Keep What We Have by Giving It Away"

Service is how we live the message of NA. It keeps us connected, reminds us of where we come from, and allows us to be part of something larger than ourselves.

*By giving back, we not only help others find recovery—we strengthen and deepen our own.*

## How You Can Get Involved

- Help set up or clean up meetings
- Join a subcommittee
- Attend the Area Service Committee (ASC) as a visitor
- Become a GSR when your group is ready

*We choose our involvement; the principle of autonomy dictates that we are responsible for our recovery and that we all have a special talent, gift, and experience to share.*

**First Sunday of each month at 4:45 PM**

## Our Active Subcommittees

- Hospitals & Institutions (H&I) – Takes NA meetings to facilities
- Public Relations (PR) – Shares accurate NA information with the public
- Activities – Plans unity events & fellowship gatherings
- Literature – Maintains NA literature for groups
- Web/Technology – Maintains online presence and communications

For information about involvement, ask your GSR or attend the Area meeting.

Your voice matters. Your presence matters.  
Your recovery matters.

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## A blue diamond shape with the words "Self", "God", "Society", and "Service" written along its edges. "Self" is at the top-left, "God" at the top-right, "Society" at the bottom-left, and "Service" at the bottom-right. The word "Service" is highlighted in yellow.



All you need is willingness. We learn by doing, and we support each other in service.

Service is a foundational part of recovery in Narcotics Anonymous. It allows us to give back what was freely given to us, strengthen our personal recovery, and support the continuation of the fellowship so others may find freedom from addiction.