

Lakeside Area Service Minutes: 8/3/25 DBH

Open meeting at 4:45pm, moment of silence, Serenity Prayer.

12 Traditions of NA

Groups

- Kleansville: Justin, present: justingleed@gmail.com
- Refuse to Use: Mark, present: masmith@allwest.net
- Key Tag & Hug: Jerry, present geraldyoder37@yahoo.com
- Finally Connected: Present Jake ja.arch.27@gmail.com
- New Wednesday Meeting (no name) Present Chelsey W chel1144@gmail.com
- New Connections: Arron dmoore623@gmail.com
- Coffee and Recovery: Present Jeff, jeffhull2023@outlook.com
- TGIF: Present Sam reporting, Megan sethbaldwin2011@gmail.com
- SOS: present Mike love2hunt.bybee@gmail.com
- Spiritual Solutions: present, Eddie eddie.f.sandoval@gmail.com
 - Quorum met 9/9 present

Committee

- Chair: Jess, present: jessalynseven@gmail.com
- Vice-Chair: Andi, Not present: drewcunningham12342@gmail.com
- Secretary, James K, present: jkrstich@gmail.com
- Treasurer, Derrick, present: dbrydson08@gmail.com
- Literature, Marcus, present: marcus82off@gmail.com
- Activities, Brittini, not present: brittnimm888@hotmail.com
- Webmaster, Brittney, present: Brittney_pine@yahoo.com
- H&I, Joe present: josephpsowers7@gmail.com,
- RCM Open
- Ad-hoc 1 Guidelines, present James K
- Ad-hoc 2 GSR Books, not present Brittini K

Reports

1. Group Reports: see attached written reports
2. Chair: Jess, present No report
3. Vice Chair: Not Present

4. RCM: Position open. Region meets next Sunday August 10, 2025 via Zoom at 2:00pm
5. PR / H&I: Joe, see written report.
6. Activities: Brittnei K. Consider a neighboring Area activity this month, UWANA Campout 8/15-8/17, Central Women's Retreat 8/22-8/24, Freedom Fest 8/22-8/24. Our next event will be a Water balloon Resentment Release August 17, 2025 at Oak Hills Park in Layton. Sandwiches will be provided. Activites Balance \$83.30
7. Webmaster: Brittney P some small updates. Meeting calendar will be updated in the next couple of days and will update the announcements. Fabulous at this position.
8. Literature: Marcus no order this month, \$161.32 sold. Lit balance: \$600.00
9. Treasurer: Derrick \$41.74 working balance to activities. Total balance transferred to activities
10. Ad-hoc Guidelines: James, Guidelines in process. No report at this time.
11. Ad-hoc Storage Inventory / GSR books: Nothing to report.

Open Discussion:

Discussed RCM position, Andi will fill in for now.

Next Area September 7th at DBH, usual time.

Business:

1. New Wednesday meeting, first attendance, Chelsey. After 2 area meetings, they will be added to the printed schedule. Will be added to the website meeting list.
2. Spotlight meeting for August: SOS
3. TGIF, bonfire and weenie roast TBD.

4. Motion to take back to home groups, to give the literature chair the debit card for ordering literature. Motion made by TGIF, tabled by New Connections. Will be voted on next month (September)
5. Danny B, Region Outreach, see written report. Password for submitting events: NAEvents!
6. Announcement / Service Needed Review:
 - a. H&I Open positions
 - i. Diamond Detox Coordinator - 2 Years
 - ii. Elevations Youth Coordinator - 2 Years
 - iii. H&I Secretary – 2 Years
 - iv. H&I Vice Chair – 2 Years

Motion to close at 5:51pm. End of minutes.

Lakeside Unity Area Narcotics Anonymous Group Report

Group Name Kleonsville Date 2025-08-03

MONTHLY

Attendance	<u>130</u>	
Newcomers	<u>20</u>	
Collections	\$ <u>121.00</u>	
Rent	\$ <u>20.00</u>	Supplies: 19.56
Literature Order	\$ <u>7.60</u>	
Area Donation	\$ <u>73.88</u>	

Report

Meeting is going great! Changing our meeting time to 7pm seems
to have had positive results in July. We saw 2 different treatment centers
attend and had the most newcomers our meeting has seen this year.
Thank you all for your support, we appreciate it!

Report given by 

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name Spiritual Solutions Date _____

MONTHLY

Attendance 109

Newcomers 4

Collections \$ 53

Supplies \$ _____

Rent \$ 30

Literature Order \$ 0

Area Donation \$ 0

Report _____

Report given by Eden J. L.

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name Surrender on Saturday Date Aug 3

MONTHLY

Attendance

63

Newcomers

3

Collections

\$ 72

Supplies

\$ 0

Rent

\$ 40

Literature Order

\$ 0

Area Donation

\$ 32

Report attendance is still low, but on
the plus side, we gained another home group
member,

Report given by

MIB

TGIF
August 3, 2025

Meeting attendance has been good, kinda quiet this last Friday because of the womens retreat. Sam is filling in for Megan cause she's had a busy week. We have little more than our prudent reserve, so donations will be carried forward until next month.

Sam R

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee & Recovery Date _____

MONTHLY

Attendance 100

Newcomers 10

Collections \$ ~~100~~ ⁵⁴ 170

Rent \$ 50

Literature Order \$ 0

Area Donation \$ 80

Report

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key 1st & 2nd Date 08 03-25

MONTHLY

Attendance 96

Newcomers 4

Collections \$ 129.00

Rent \$ 30.00

Literature Order \$ 60.26

Area Donation \$ 38.00

Report

Meetings are going Really Well, since
I on Diamond Tree are coming to the meetings,
Picked up a New Corker

Report given by _____

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name New Connections Date 8-3-25

MONTHLY

Attendance 128

Newcomers 10

Collections \$ 137

Supplies \$ —

Rent \$ 20.00

Literature Order \$ ~~0.00~~

Area Donation \$ 117.00

Report The meeting has been very good

great attendance plus the possi talk

absorption has helped. we have also

had the rehab has had regular attendance

Thank-you for allowing me to serve

and be of service

Report given by Arron M
GSR

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 08/03/2025

MONTHLY

Attendance 231 (Attendance between 3 – 18 for 25 meetings)

Newcomers 1

Collections \$ 448.26

Activities \$ 0.00

Rent \$ 60.00

Pizza \$ 60.00

Lit and Supplies \$ 130.45

Travel \$ 35.00

Area Donation \$ 55.83

Regional Donation \$ 0.00



World Donation \$ 100.00

PO Box Rent \$ 0.00

Website \$ 0.00

Report: **Our meeting attendance has increased, with more meetings; we do have an Area donation of \$55.83. Our 6th Annual Campout was well attended. We will be having elections for meeting openers next week.**

Report Given By: Mike. GSR for the RTU

<div>  <div>Lakeside Unity Area of Narcotics Anonymous - 2025</div>  </div>														
	Notes	January	February	March	April	May	June	July	August	September	October	November	December	Year-To-Date
Income														
Kleansville	M	\$78.00		\$70.50	\$75.00	\$280.00	\$97.10		\$73.83					\$674.43
Key Tag & Hug	Tu	\$37.00	\$54.00	\$30.00				\$33.00	\$38.00					\$192.00
PosiTalk	W			\$100.00										\$100.00
New Connections	W	\$11.00	\$50.00	\$44.00	\$116.00	\$91.00	\$57.00	\$133.00	\$117.00					\$619.00
Coffee and Recovery	Th		\$100.00				\$119.00		\$80.00					\$299.00
TGIF	F	\$180.00	\$147.00	\$84.00	\$123.00	\$115.00	\$22.00	\$70.00						\$741.00
Surrender on Saturday	Sa	\$40.00	\$34.00	\$48.00	\$13.00				\$32.00					\$167.00
Spiritual Solutions	Su					\$5.00		\$17.00						\$22.00
Refuse to Use	M, W, F, Sa, Su	\$122.32		\$59.87	\$50.00	\$106.02		\$105.22	\$55.83					\$499.26
Finally Connected	Tu, Th	\$77.51	\$98.10	\$109.00	\$71.18	\$85.33	\$29.50	\$32.57						\$503.19
Other														-
7th Tradition														-
Total Income		\$545.83	\$483.10	\$545.37	\$448.18	\$682.35	\$324.60	\$390.79	\$396.66	-	-	-	-	\$3,816.88
Expenses	<i>*Monthly Rent in books and H&I/PR Lit added to Lit Balance only, not a cash expense.</i>													
Area Rent (JFT/SPAD/BASIC)*	\$34.40/month	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40	\$34.40					\$275.20
H&I / PR Literature*	as needed			\$9.80										\$9.80
NAWS Donaton	10%	\$54.59	\$48.31	\$231.21	\$144.82	\$115.36	\$32.46	\$39.08	\$39.67	-	-	-	-	\$705.50
Region Donation	20%	\$109.17	\$96.62	\$109.08	\$89.64	\$136.47	\$64.92	\$78.16	\$79.34	-	-	-	-	\$763.40
Storage Unit (due on 3rd)	\$69/month	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00					\$552.00
Phone Line	\$25/month	\$10.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00					\$185.00
Zoom (21st, previous month)	\$17.15/month	\$17.15	\$17.15	\$17.15	\$17.15	\$17.15	\$17.15	\$18.22	\$18.22					\$139.34
Schedules	as needed								\$89.32					\$89.32
H&I / PR Events	as needed					\$200.00	\$81.74							\$281.74
Webpage (8/21/26)	\$370/2-year													-
Wix Domain (3/12/25)	\$48/2-year				\$47.70									\$47.70
GoDaddy Domain (11/2/25)	\$24/year													-
PO Box (3/31/25)	\$182/year				\$192.00									\$192.00
Adjustments / Motions		\$(20.00)				\$(15.00)								\$(35.00)
Literature Income		\$282.83	\$395.90	\$433.35	\$483.07	\$50.60	\$105.00	\$219.45	\$229.56					\$2,199.76
Literature Expense		\$621.58		\$554.30	\$666.27	\$377.55		\$350.55						\$2,570.25
Literature Balance	\$624.64	\$320.29	\$750.59	\$673.84	\$583.57	\$391.02	\$530.42	\$433.72	\$600.00	-	-	-	-	
Activities Income				\$261.00										\$261.00
Activities Expense		\$61.80		\$336.69			\$196.69		\$288.76					\$883.94
Activities Balance	\$152.25	\$228.05	\$378.05	\$302.36	\$302.36	\$302.36	\$105.67	\$232.64	\$83.30	-	-	-	-	
Total Deposit	-	\$828.66	\$879.00	\$1,239.72	\$931.25	\$732.95	\$429.60	\$610.24	\$626.22	-	-	-	-	\$6,277.64
Earned Interest	-	\$0.03	\$0.05		\$0.06	\$0.03	\$0.07	\$0.04	\$0.03					\$0.31
Total Expenses	-	\$923.29	\$256.08	\$1,342.43	\$1,251.58	\$925.53	\$486.96	\$580.01	\$609.31	-	-	-	-	\$6,375.19
Bank Balance	\$780.54	\$685.94	\$1,308.91	\$1,206.20	\$885.93	\$693.38	\$636.09	\$666.36	\$683.30	-	-	-	-	
Working Balance	\$3.65	\$137.60	\$180.27	\$230.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	-	-	-	-	
Prudent Income		\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	-	-	-	-	\$0.16
Prudent Expense		-	-	-	-	-	-	-	-	-	-	-	-	-
Prudent Balance	\$500.81	\$500.83	\$500.85	\$500.87	\$500.89	\$500.91	\$500.93	\$500.95	\$500.97	-	-	-	-	



Regional Outreach Report – Lakeside Unity Area

Danny Bergman <dbergm1194k@gmail.com>
To: James K <jkrstich@gmail.com>

Sun, Aug 3, 2025 at 2:44 PM

Regional Outreach Report – Lakeside Unity Area

Presented by: Danny B
Date: 8.3.2025

Greetings family,

Thank you for allowing me the opportunity to present on behalf of the **Utah Region Outreach Subcommittee**. Our mission is to foster connection and unity between Areas, provide support where needed, and help carry the message of Narcotics Anonymous across communities by improving communication and collaboration at every level.

1. Email Distribution List: Enhancing Connection Across the Region

As part of our Regional Outreach effort, we now offer an **email subscription service** that sends members a curated list of upcoming NA events—either **daily** or **weekly** depending on their preference.

- **Current Subscribers:** ~60 members
- **Emails Sent Last Month:** 267
- **Reach:** Includes events from the **Utah Region**, as well as neighboring regions like **Region 51 (NV)**, **Sierra Sage (NV)**, the **Colorado Region**, and **Southern Idaho**.

Benefits:

- Fosters **inclusion and awareness** of activities across regional boundaries.
 - Encourages members to attend events and **stay connected to the fellowship**.
 - Provides **healthy, recovery-based alternatives** to isolation—especially vital for newcomers and those in early recovery.
-

2. Regional Event Calendar: A Central Hub for NA Activity

We also maintain a **Regional Event Calendar** that displays upcoming events across the Region. It is viewable on:



- utahna.org (Utah Region site)
- lakesidenautah.org (Lakeside Area site)
- northernutahna.org (Northern Utah site)
- **Events Currently Listed:** 12 upcoming events
- **Bonus:** Members can subscribe to the calendar on their personal Google Calendar with one click.

Benefits:

- Keeps members informed of **when and where events are happening**.
 - Prevents **double-booking** between service events, fundraisers, or dances.
 - Includes **service committee meeting times** for Areas and Region—helping members find ways to get involved.
-

3. Submitting Events: A Call to Action

Members and committees can submit events directly using this easy online form:

 [Submit Your Event](#) → Scroll down and click "Submit Your Event."
 **Area password required** (see your Area chair if needed)

Current Challenge:

- Right now, **only one person (myself)** is consistently submitting events to the calendar and email list.
- The original intention of the system was to **empower Areas and committees** to submit their own events and keep the information fresh and accurate.

Call to Action:

We **invite Lakeside trusted servants, committee chairs, and members** to make use of this tool. Submitting events directly ensures:

- Members at large are **kept informed**.
 - Committees can **plan better** and avoid scheduling conflicts.
 - **Service becomes more visible**, and new members can get involved more easily.
-

4. How Regional Outreach Can Support the Lakeside Unity Area

The Regional Outreach Committee is not just here to report—we are here to help. Below are ways we can support your Area's outreach and growth efforts:

♦ Promoting Events & Communication Support

- Help you **promote your events** Region-wide via calendar and email list.
- Provide tools or templates for flyers, digital listings, or outreach materials.

♦ Guidance for Local Outreach

- Share **experience and best practices** for reaching isolated addicts, starting new meetings, or engaging with institutions.
- Assist with **PI strategies** and challenges.

♦ **Support for Isolated Groups**

- Help reach out to **struggling or remote groups** with regional support, resources, and connection.

♦ **Cross-Area Collaboration**

- Connect your committees with others doing similar work in different Areas.
- Assist in planning **multi-Area events** or combined service days.

♦ **Resource Access & Mentorship**

- Provide **guidelines, literature, and tools** from NAWS or successful Areas.
- Help new trusted servants learn their roles through **mentorship** or regional contacts.

♦ **Listening & Advocacy**

- Hear your needs and concerns and bring them to the **Regional table**.
- Advocate for funding, assistance, or adjustments when appropriate.

5. Final Thoughts

These outreach tools—the **email list**, the **calendar**, and **our committee**—exist to strengthen the fellowship and help each of us carry the message more effectively. Together, we can foster connection, avoid isolation, and help every member feel part of something greater.

Please encourage your committees to submit events, subscribe to the calendar, and reach out to us if you need support in any way. We are here to help.

Thank you for allowing me to be of service.

In loving fellowship,
Danny B
Regional Outreach Committee
Utah Region of Narcotics Anonymous



(307) 677-1297



Davis county present,
Uinta county present,
Davis need push for applications
wants it in the announce ments 2
men's and 2 wemons meetings

Uinta county
Has been getting people that were
approved not allowed but problem
fixed,

Diamond detox
Billy is looking to take over calebs
position was informed attendance is
needed at 2 h and I meetings to be
voted in

Old business still have alot of
positions to fill

4:10 PM



RCS message

