What Is Service?

Service is any action we take to help carry the message of recovery. This may include:

- · Setting up chairs and making coffee
- Sponsoring other members
- Sharing in meetings
- Being a Group Service Representative (GSR)
- Serving on an Area committee or subcommittee

Every act of service, no matter how small, helps support the atmosphere of recovery in NA.

Why Service Is Important?

Service plays a vital role in maintaining our connection to the fellowship and to our recovery. When we serve, we:

- · Give back what was freely given to
- Strengthen unity within the fellowship
- Build accountability and responsibility
- · Grow personally and spiritually through practicing humility and generosity

Service also helps keep our focus on helping others instead of returning to old behaviors

Who Benefits from Service?

- The Individual: We experience growth, connection, and purpose.
- The Home Group: Meetings remain active, welcoming, and stable.
- The Area: Resources, communication, and support networks stay strong.
- . The Fellowship as a Whole: NA continues to carry the message
- The Newcomer: Without service, there would be no meetings and no program for them to find.

When we serve, we help ensure that NA will be here for future addicts seeking recovery.

Spiritual Principles in Service:

Service allows us to practice:

- Unity
- Responsibility
- Humility
- Integrity
- Willingness
- Gratitude

These principles help us grow in recovery and build meaningful relationships with others

"We Keep What We Have by Giving It Away"

Service is how we live the message of NA. It keeps us connected, reminds us of where we come from, and allows us to be part of something larger than ourselves.

By giving back, we not only help others find recovery-we strengthen and deepen our own.

How You Can Get Involved

- Help set up or clean up meetings
- Join a subcommittee
- Attend the Area Service Committee (ASC) as a visitor
- Become a GSR when your group is ready

We choose our involvement; the principle of autonomy dictates that we are responsible for our recovery and that we all have a special talent, gift, and experience to share.

Lakeside Unity Area of

ASC Meeting Information

First Sunday of each month at 4:45 PM

DBH, 934 S Main, Layton, UT 84041

Our Active Subcommittees

- Hospitals & Institutions (H&I) Takes NA meetings to facilities
- Public Relations (PR) Shares accurate NA information with the public
- Activities Plans unity events & fellowship gatherings
- Web/Technology Maintains online presence and communications

Contact & Participation

For information about involvement, ask your GSR or attend the Area meeting.

Your voice matters. Your presence matters. Your recovery matters.

Members in Service

Narcotics Anonymous

• Literature - Maintains NA literature for

All you need is willingness. We learn by doing, and we support each other in service.

Why Service Matters in Narcotics Anonymous

Service is a foundational part of recovery in Narcotics Anonymous. It allows us to give back what was freely given to us, strengthen our personal recovery, and support the continuation of the fellowship so others may find freedom from addiction.