

Lakeside Area Service Minutes: 3/29/26 DBH

Open meeting at 4:46pm, moment of silence, Serenity Prayer.

Groups

- Kleansville: Justin, present: justingleed@gmail.com
- Refuse to Use: Mark, present: masmith@allwest.net
- Key Tag & Hug: Jerry, present geraldyoder37@yahoo.com
- Finally Connected: Cody present, adhoc voting codypine@rocketmail.com
- Unplug to Connect: Chelsey S, not present: chelseysill04@gmail.com
- New Connections: Bryce, present: bryced35@gmail.com
- Coffee and Recovery: Jeff, present: jeffhull2023@outlook.com
- TGIF: Tahna, present: tahnarooe@gmail.com
- SOS: present Sarah s.e.w.wowlife@gmail.com
- Spiritual Solutions: present, Eddie eddie.f.sandoval@gmail.com
 - Quorum met 9/10 present

Committee

- Chair: Jess, present: jessalynseven@gmail.com
- Vice-Chair: open,
- Secretary, open, James filling in
- Treasurer, Derrick, present: dbrydson08@gmail.com
- Literature, Kurtis, not present: kurtis.randall09@gmail.com
- Activities, Tahna, present: tahnarooe@gmail.com
- Webmaster, Brittney, present: Brittney_pine@yahoo.com
- H&I PR, Brittni present: josephpsowers7@gmail.com,
- RCM Arron present: dmoore623@gmail.com
- Ad-hoc 1 Guidelines, present James K
- Ad-hoc 2 GSR Books, present Brittni K

Reports

1. Group Reports: see attached written reports
2. Workshop and Study Points – In order by Home Group
 - a. Kleansville, Concept 1 in April
 - b. Refuse to Use, Concept 2 in May
 - c. and so on.

3. Chair: Jess, present, we are not doing a 3-hour area today. Has a hard stop at 6:00pm. Asking for solutions to proceed in spirit.
4. Secretary: James filling in, open position. Minutes were sent out, they serve as my report.
5. Vice Chair: open
6. RCM: see attached report. Next Region meeting is April 12th, 2026 at 2pm, in person, location TBD.
7. PR / H&I: Brittni, present: meet today, not updates on the jail (DCJ) still need a new coordinator. Evanston groups are supporting the Uintah county jail in Evanston. Evanston groups are reaching out to treatment centers. Diamond Detox is going well, looking at opening a second facility in April, Diamond Detox facilitator looking to step down.
8. Activities: Tahna, present. Dodge ball in April, Hot Springs in May. balance is \$156,
9. Webmaster: Brittney P, website up-to-date, all CAR and CAT is there. Everything is mostly up-to-date.
10. Literature: Not present, brought in today \$272.55, order made of \$530.23, working balance is: \$310.46
 - a. Two months missed in a row, will discuss next month if not present in May.
 - b. Rent not paid this month, (1 BT, 1 JFT, 1 SPAD).
11. Treasurer: Derrick, present. group donations \$196.33, rent not paid, no H&I order, bills paid, NAWS \$19.64, Region \$39.27. \$24.20 working balance. PO Box cost went up. See attached report
12. Ad-hoc Guidelines: James, see attached report. Russ G also submitted a letter to be included in the minutes.
13. Ad-hoc GSR books: Will not work on these until new guidelines are approved. 3-4 books needed.

Concept / Tradition Study: 1st Concept presented by the Kleansville Group.

Next month (May) will be Concept 2, Refuse to Use.

Open Discussion:

RDA is reminding us to submit CAR and CAT voting by April 11th, individual surveys are due soon.

Literature racks (from previous cycles)

1. Diamond Detox
2. Job Corp (re-opened)
3. Methadone Clinic in Layton
4. Safe Harbor in Layton
5. AP&P in Farmington
6. DCJ Lobby (slots on wall)
7. Active Recovery in Centerville
8. South Davis Recovery Club in Bountiful

Business:

1. Spotlight meeting for Spotlight meeting – Finally Connected
2. Announcement / Service Needed Review:
3. Secretary position, Michael volunteering.
 - a. Voted in: 9-1-0 razavimikhail@gmail.com (385) 251-8064
 - b. James K to mentor
4. Vice-Chair position:
 - a. Tahna volunteers
 - b. James K volunteers
 - i. Will be taken back to Home Groups to be voted on next month
5. Guidelines: To be voted on next month.

Motion to close at 5:57pm. End of minutes.

April 2026 Guidelines Ad-Hoc Report

I want to express my sincere gratitude to the Area for the trust placed in this process of developing our updated Area Guidelines. I also want to thank all the groups and individuals who participated in the revision process—your input, discussion, and willingness to engage made this effort meaningful and inclusive.

I believe these guidelines not only reflect the current practices of our Area, but also embody the spiritual nature of our fellowship. They are intended to encourage ongoing conversation, informed group conscience, and decisions guided by a Higher Power. While there may be minor modifications needed in the future, I believe a strong and thoughtful foundation has been established—one that will support our fellowship's growth and make service at the Area level more accessible and attractive.

For clarity, the yellow highlighted changes represent input from the first round of suggestions, while the green highlights reflect revisions made based on the two most recent review meetings.

Lastly, the Financial Responsibility Document and its references were intentionally removed. This decision reflects a shift away from a framework centered on control and liability, and toward one grounded in trust and spiritual accountability. Additionally, because such a document can resemble a legal agreement—and given that there are no authority figures within NA to enforce such measures—it was determined that its inclusion was not aligned with our principles.

Thank you again to everyone who contributed their time, insight, and spirit to this process.

In loving service,

James K

March 29th, 2026
Area RCM report
Arron M.

There was not a region meeting since our last area.

As per our last area we had quorum for the Region meeting and we moved \$4500.00 to NAWS.

There were recent reimbursements to members that were part of the outreach program.
\$134.79 to each member.

Also there was a reimbursement of \$413.98 for RD travel for the world conference.

There was an income to region from this last cycle of \$588.00

URICNA 26 is put on a Family Movie Night fundraiser on *March 7th* at 8pm.
This event made 50 dollars.

There is an open logo contest for URICNA.

Members were voted in for URICNA and registration cost was set.

Campvention 43 will be having a spring fling dance with UWANA on April 25th from 6:30 to 10:30 speaker at 7. There will also be a bake sale fundraiser for this event.

Thank you for allowing me to serve and be of service.

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Spiritual Solutions Date 3-29-26

MONTHLY

Attendance 74

Newcomers 5

Collections \$ 23

Rent \$ 30

Literature Order \$

Area Donation \$ 0

Report

Meeting are low but steady.

Report given by Eddie S.

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name Surrender on Saturday Date 3-28-20

MONTHLY
Attendance

~~97~~ 97

Newcomers

3

Collections

\$ 128

Supplies

\$ 0

Rent

\$ 40

Literature Order

\$ We need to place an order

Area Donation

\$ 0

Report I met with Kurtis & paid balance for lit orders &
received our orders. Celebrated a lot of clean time
birthdays. Had 3 newcomers & meeting attendance is
good. Did group surveys. Vote yes for Michael to be
sec & we vote yes on guidelines as they were sent to
us.

Report given by Sarah W

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name TGIF Date 2/29/26

MONTHLY

Attendance	<u>131</u>
Newcomers	<u>4</u>
Collections	<u>\$ 125</u>
Rent	<u>\$ —</u>
Literature Order	<u>\$ 76.50</u>
Area Donation	<u>\$ —</u>

Inventory

2	BT
20	white Booklets
20	treatment pamphlets
20	white keytags
10	Black keytags

Report

The TGIF meeting is doing well. We are consistent with newcomers, thanks to diamond recovery. We bought a lot more newcomer keytags & for those in treatment IP's so we can always be stocked up for the newcomers. And we also got to celebrate a lot of cleantime this month! 🎉

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee & Recovery Date 3-29-2026

MONTHLY

Attendance 40^s - 160 months

Newcomers 10

Collections \$ Treasure not present

Rent \$ —

Literature Order \$ none

Area Donation \$ none

Report

still doing step dad's women

Treatment centers coming regularly

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name New Connections Date 3/29/26

MONTHLY

Attendance 155

Newcomers 5

Collections \$ 147

Rent \$ 20

Literature Order \$ Ø

Area Donation \$ 127

Report

Attendance is great and
we are gaining homegroup
members.

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Finally Connected Date 3-29-26

MONTHLY

Attendance 4-12 a meeting

Newcomers 2

Collections \$ 138.11

Rent \$ 30.00

Literature Order \$ 37.25

Area Donation \$ Ø

Region donation \$ 70.86

Report

group is good going through some
changes best are moving along freely.
Thanks for letting me ^{be} of service.

Report given by Red P

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key Log E' Hwy Date 03-29-26

MONTHLY

Attendance 89

Newcomers 3

Collections \$ 45.00

Rent \$ 30.00

Literature Order \$ 0

Area Donation \$ 16.00

Report

Meetings are so really good,
~~Message~~ Message go Norway strong

Report given by _____

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 03/29/2026

MONTHLY

Attendance	<u>158</u> (Attendance between 3 – 21 for 20 meetings)
Newcomers	<u>3</u>
Collections	<u>\$ 481.26</u>
Activities	<u>\$ 167.26</u>
Rent	<u>\$ 60.00</u>
Pizza	<u>\$ 60.00</u>
Lit and Supplies	<u>\$ 113.67</u>
Travel	<u>\$ 35.00</u>
Area Donation	<u>\$ 45.33</u>
Regional Donation	<u>\$ 0.00</u>
World Donation	<u>\$ 0.00</u>
PO Box Rent	<u>\$ 0.00</u>
Website	<u>\$ 0.00</u>

Report: Our meeting attendance has increased from the previous month; we do have an Area donation of \$45.33 at this time. We were able to workshop the CAR/CAT and got our votes in and are getting out the information on having our members do the Surveys. We are in the planning stage of our Annual Birthday with the date and location to be determined.

Report Given By: Mark S. Alternate GSR for the RTU

Franston H & I

Lakeside area H and I

Date: 3-4-26

Opening prayer: Group

Next jail meeting: ~~3-21-26~~ 3-31-26

Men's: 7

1) Wayne

2) Chad

Women's: 8

1) Brittany

2) Nicole

Old Business:

1) ~~Ø~~

New Business:

1) ~~Ø~~ Chad took over H&I

Next area meeting:

~~4-5-26~~

3-29-26

To the addicts that call the Lakeside Unity Area their home,

I am writing this letter after feeling prompted by my higher power, the same feeling as in 2010 when the SSP project at world was being rolled out as a reimagining of the local service structure, it was the beginning of my delegate service through 2016. As one of the many voices that came into NA in the infancy of our predecessors (Northern) areas beginnings, I have had the opportunity to be of service at all levels of our service bodies, with the exception of area chair/facilitator and secretary.

With that said, I feel the current ad-hoc chairs view of the current guidelines to be "tightly legislated" to not only be disingenuous, it is misleading using planks of "spiritual" words as a foundation, the truth needs no foundation to stand. I found over time that the more detailed the "duties and responsibilities" of a position I was going to be of services were, the better I could work to fulfill said responsibilities. I was given a standard to accomplish and when I faltered you helped pick me up and in a loving way you, held me accountable then encouraged me to get back in the saddle! When I succeeded you gave me acknowledgement, just like we do in the meetings with our fellow addicts working on their life in recovery. Just like in our group reading "Why are we here" **"Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms."**

NA has taught me how to live life on life's terms, in a very loving way, as I have been given the opportunity to be of service as you allowed me to be. I like most addicts in active addiction had no idea how to be responsible for my actions, choices and behaviors. I believe things can and will change and that is why we amend things like guidelines to fit the common needs of the fellowship of the area. The proposed revised guidelines not only dismiss the history of hard won experience in their creation and evolution, they also dismiss the value of information. I have never tried to make decisions in my life (or in recovery) with less information, I always look for more. Statement that they are too cumbersome and hard to understand, makes no sense, too much information? Huh. Not sure what to do, read the guidelines, think something needs improvement or change-offer an amendment to the guidelines. They have been amended at least three times to the best of my knowledge 2010, 2012 & 2017. When the Lakeside area was being formed 2009/2010 period, I was given the opportunity to be involved in the creation of the area and subcommittee guidelines, in that process when we had structural questions we would send a question(s) to the fellowship through the GSR's for input, that input was how the guidelines were created. As the revision being proposed are a structural change to the current framework, the more members that give input the better, and would seem to be in order. I never saw anything until the version presented in November 2025. Many of us were motivated to give input and while we have had two meetings, while very strong in opinion, they were to some degree fruitful. I personally don't take service work personal, the group conscience will always take care of us. However the ad-hoc chair has decided that no further input is required and has put forth a version that I as a member will vote no on, they lack in guidance, direction and have removed the guardrails of histories past mistakes that all members in the service body need to fulfill the positions they serve in.

I would ask that members with questions about some of the statements from the guidelines ad-hoc chair report from March 1, 2026 and the cover sheet from March 23, 2026 presenting the "Final

Revision”, read at a minimum the summary of the 12 concepts that is in the 12 Concepts Booklet and I have attached them to the end of this letter. The 3rd concept - the groups give the practical authority to the service body - through its guidelines/bylaws. The 5th concept - clarifies accountability for services and the authority to fulfill said tasks –from the guidelines/bylaws. 9th concept - not hasty or misinformed decisions – this major structural change only was presented a few months ago. 11th concept - absolute priority for the use of NA funds to carry the message....calls for total fiscal accountability – Why we have the Statement of Responsibility/Theft Policy. While all twelve concepts must work in unison, the above prospective is mine. Each member should become as informed as they wish too, so as to invite a true spiritual group conscience to form.

As I have attended the monthly area service committee meeting the last two or three months, it was repeatedly said by various trusted servants that the body doesn’t follow the bylaws, I would suggest that the area body try following the bylaws they have for a year or two, along with modernizing the areas that do need improvement with targeted amendments, before they think a “new structure” would work better. I can only speak from my experience, strength and hope, not from what I think. My best thinking brought me to NA!

On a second note the required or suggested clean time is not a new discussion, it has been a conversation that was happening in 1991, when I came to my first NA meeting, and will likely always be a point of interest and discussion, while the point that clean time doesn’t equal “recovery” it does however show a personal commitment to oneself to the program of recovery and the principles of NA, which we each define in our own heart. The question of required or suggested is something that should have been asked separately of the members of this areas fellowship, not presented by a small minority.

To conclude this letter I would like to share my thoughts on my belief that all member who put themselves forward in doing service at any level, do so because we love NA, and have committed to furthering the message of recovery to the addict who still suffers. While we may not agree on how to do that.

I know that NA doesn’t need me or any one individual to survive, however, I do need NA to live my life, always trying to be a better more responsible member of society, both in and out of the rooms.

While this is a lot to input, if anyone would like to ask me any questions, my number is 801-243-1861 text or call or email: tdcdrilling@aol.com

Always a believer in the program of Narcotics Anonymous!

Russ G.

First Concept

The primary responsibility of an NA group is to conduct its recovery meetings. Groups join their strength in the service structure, ensuring that other services—like H&I, PI, and literature development—are fulfilled effectively and without distracting the groups from their own primary responsibility.

Second Concept

The groups have final responsibility for and authority over the service structure they have created. By fulfilling their responsibility to provide their service structure with the conscience and ideas, people, and money it needs, the groups also exercise their authority. Conversely, the service structure must always look to the groups for support and direction.

Third Concept

In day-to-day matters, the groups have given our service boards and committees the practical authority necessary to do the jobs assigned them. This is not a blank check issued to the service structure; the groups still bear final authority. To make Concept Three work, we must carefully select trusted servants.

Fourth Concept

Leadership is very important to the welfare of our fellowship. The essay on this concept describes an array of leadership qualities to be considered when selecting trusted servants.

Fifth Concept

In defining a single point of decision for each service assignment, we eliminate confusion about who has the authority to do what. We also clarify accountability for services: whoever is given the authority for a particular task will be held accountable for the fulfillment of that task.

Sixth Concept

Group conscience is the means by which we bring the spiritual awakening of the Twelve Steps to bear in making service-related decisions. It is fundamental to our fellowship's decision-making process. It is not, however, merely a euphemism for “voting” and is not itself the NA decision-making process.

Seventh Concept

All members of a service body bear substantial responsibility for that body's decisions; therefore, all of them should be allowed to fully participate in its decision-making processes. NA service is a team effort. The full participation of each member of the team is of great value as we seek to express the collective conscience of the whole.

Eighth Concept

Regular communication is essential to the fulfillment of all these concepts, and to the integrity and effectiveness of our services themselves.

Ninth Concept

To check judgment, to guard against hasty or misinformed decisions, and to invite the sharing of new ideas, our services must consider all viewpoints when making plans. This is essential to the development of a fair, wise, balanced group conscience.

Tenth Concept

The Tenth Concept encourages us to treat each other with respect in the service environment, and provides us with a means of making amends when we wrong others. The essay describes ways in which an individual who feels he or she has been wronged can go about seeking redress of his or her grievance.

Eleventh Concept

The Eleventh Concept establishes the sole absolute priority for the use of NA funds: to carry the message. The importance of that priority calls for total fiscal accountability. Direct contributions to each level of service help us focus on our primary purpose.

Twelfth Concept

Within the context of the Twelve Concepts, as a body, this concept serves much the same function as Tradition Twelve in the context of the traditions. It brings our consideration of concepts for NA service back to the spiritual root of selfless service. "A structure based on that foundation could only be one of service, never of government."

Lakeside

H&I - PR MEETING AGENDA

Date:

Positions

- .
- .
- .
- .
- .

Davis County Jail

was a tie

- no updates
- finally connected
- other groups

Diamond Detox

- no updates -
- .
- .

Elevations

- no updates
- .
- .

Notes

Expansion
Reached out to the State
hospital -
Hopeful to have 2 meet-
ings

Other Facilities

- .
- .
- .
- .

PR Ideas

- .
- .
- .

Action Items & Next Steps

- .
- .
- .
- .

Positions

- .
- .
- .
- .

