# **Subcommittee Meetings**

PR / H&I, 1st Sunday, 3:45 pm Area Service, 1st Sunday, 4:45 pm

> David Behavioral Health, 934 S. Main St., Layton, UT 84041

Activities, 4th Wednesday of the month 5:45 pm

Clearfield Library
1 N. Main St. Clearfield, UT. 84015

#### **ANNOUNCEMENTS**

Please consider a monthly contribution to NA World Services equal to \$1 per year of Clean Time.

Please use the Lakeside Area Donation Link if you would rather donate electronically to the 7th tradition.

Lakeside Unity Area Service Committee can use your help and support, with many service positions open. Please come get involved.

# The Therapeutic Value of One Addict Helping Another

# **Phone Numbers:**


Call Before You Use! Keep Coming Back!

# Last revised March 2024 Meeting Schedule

# LAKESIDE UNITY AREA OF NARCOTICS ANONYMOUS (LUANA)

Serving the Davis County Area

# Lakeside Website

www.lakesideNAUtah.org

# Lakeside Phoneline

(877) 479-NANA (877) 479-6262

# **Mailing Address**

PO Box 6301, Clearfield, UT 84015-9998

For the latest meeting info, announcements, and ways to donate to our local meetings or Narcotics Anonymous World Service, please scan this code with your smartphone:



#### SUNDAY

**7:00pm** Refuse to Use (Chair's choice)
Church facility

736 Center St., Evanston, WY

8:00pm Spiritual Solutions
Elevation Church
375 S. State St., Clearfield, UT

#### **MONDAY**

7:00pm Refuse to Use (Living Clean book study)

Church facility

50 Yellow Creek Rd., Evanston, WY

**8:00pm** Kleansville (Literature study)

Alpine Church

254 West 2675 North, Layton, UT

# **TUESDAY**

7:00pm Key Tag and a Hug

St. Peter's Episcopal Church 1579 South State St., Clearfield, UT

7:00pm Finally connected (open meeting)

Evanston Alliance Church

235 Overthrust Rd. Evanston, WY

## **WEDNESDAY**

7:00pm New Connections

Clearfield Community Church 525 E. 200 S., Clearfield, UT

7:00pm Refuse to Use (Chair's choice)

Church facility

50 Yellow Creek Rd., Evanston, WY

# What is the NA Program?

...We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## WEDNESDAY (continued)

7:00pm Possi Talk

Mountain Road Church

796 S, Mountain Rd Fruit Heights, UT

#### THURSDAY

7:00pm Coffee & Recovery

Layton Hills Baptist Church

1332 No. Hill Field Rd., Layton, UT

7:00pm Finally Connected (open meeting)

Church facility

Evanston Alliance Church

235 Overthrust Rd. Evanston, WY

## **FRIDAY**

7:00pm TGIF

Davis Behavioral Health 934 South Main St., Layton, UT

7:00pm Refuse to Use (Chair's Choice)

Church Facility

50 Yellow Creek Rd., Evanston, WY

# **SATURDAY**

**7:00pm** Surrender on Saturday (SOS)
Clearfield Community Church

525 E. 200 S., Clearfield, UT

**7:00pm** Refuse to Use (Basic Text, book study)

Church facility

736 Center St., Evanston, WY

#### We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions, or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

#### **Other Utah Areas**

# Northern Utah Area of NA

(Ogden, South Ogden, Logan, Brigham City, Preston, ID, and surrounding cities)

www.northernutahna.org

# **United Wasatch Area of NA**

(Salt Lake City, Murray, West Valley, West Jordan, Centerville, Midvale, Tooele, Sandy, and surrounding cities)

www.uwana.org English (801) 252-5346

Spanish (801)671-1435

(877) 479-6262

# Central Utah Area of NA

(American Fork, Orem, Provo, Springville, Payson, Ephraim, Fillmore, Price, and surrounding cities)

www.nautah.org/central (801) 810-4081

# Sasquatch Utah Area of NA

(Park City, Heber, Midway, and surrounding cities) www.sasquatchareana.org (435) 215-0033

# **Just For Today**

Tell yourself:

**JUST FOR TODAY** my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**JUST FOR TODAY** I will have faith in someone in NA who believes in me and wants to help me in my recovery.

**JUST FOR TODAY** I will have a program. I will try to follow it to the best of my ability.

**JUST FOR TODAY**, through NA, I will try to get a better perspective on my life.

**JUST FOR TODAY** I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

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