

Lakeside ASC September meeting held August 30

Meeting opened with the serenity prayer, rollcall and attendance was taken

Executive and subcommittee reports

Chair – nothing to report

Vice chair - not present no report

Secretary– resigned

RCM – see attached report

Treasure – see attached report

PR/HI – see attached report

Activities – not present no report

Web servant – not present no report

Literature – see attached report

GSR reports

Queensville – see attached report

Refuse to use – see attached report

Key tag and a hug – see attached report

Finally connected – not present no report

New connections – see attached report

Unplugged to connect – not press. Meeting will be taking a break for a few weeks. This will be added to the announcements.

Coffee and Recovery – meeting attendance has been lower than usual, area donation of \$70, \$35

literature order \$50 in rent thinking of changing the name.

TGIF – not present no report

SOS – not present no report

Spiritual solutions – not present no report

Quorum was not met

Discussed spiritual solutions and noted that they are probably struggling. Will add them to Spotlight meeting for September.

Talked about convention meal RTU supports budgeting for \$40 per month from area. Also suggest to the committee possibly doing a meal ticket.

Convention will be held June 17 through the 20th

Women's retreat will be held July 16 through the 18th

Reviewed sixth concept presented by coffee and Recovery

Next month concept seven will be reviewed by TGIF

Announcement review

remove Old announcements, will add an announcement for need for members to take meeting into DBH sober living. Also, the jail needs support from women.

Steve would like the position of secretary was appointed by chair to serve next month until we could vote formally

Meeting closed

Thursday Group

\$60 Area
35 lit.
50

Third step
Tuesday

Thinking of a
name change -
- - - -

PR -
Rosa

need women
news meeting into local (2 people needed)
Britt & Jess will look at
one wednesday.

Region \$600 -

Gophers

Stefanie -

will order
day

literature for recovery

Recovery day is happening next
week.

~~ask for candy~~
all ask for membership -

Literature Aug 29, 2026

Member Sale via venmo	\$203.50
Weds New Connections	\$27.60
Coffee & Recovery	<u>\$35.00</u>

Cash \$62.60

Venmo \$203.50

Total \$266.10

Back order 2 Step working
guides for Weds New Connections.

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 8/30/2026

MONTHLY

Attendance	<u>146</u>
Newcomers	<u>2</u>
Collections	<u>\$ 671.00 (includes raffle money from the campout and an outstanding credit that resulted from changing banks)</u>
Activities	<u>\$ 81.00</u>
Rent	<u>\$ 60.00</u>
Pizza	<u>\$ 60.00</u>
Lit and Supplies	<u>\$ 100.00</u>
Travel	<u>\$ 35.00</u>
Area Donation	<u>\$ 216.69</u>
Regional Donation	<u>\$ 0.00</u>
World Donation	<u>\$ 216.69</u>
PO Box Rent	<u>\$ 194.00</u>

Report: Our meeting attendance is holding steady. We did see a bit of an increase in attendance in our Monday night meeting. We don't have any upcoming group activities planned at this time but will talk about a Halloween party at our next group business meeting, scheduled for 9/14/2026. We have an area donation of \$216.69.

Report Given By: DeLynda H., GSR for the RTU

Lakeside Unity Area Narcotics Anonymous Group Report

Group Name Kleonsville Date 2021-09-30

MONTHLY

Attendance 44

Newcomers 3

Collections \$ 55

Rent \$ 20

Literature Order \$ 0

Area Donation \$ 0

Report

Meeting is going well, thank you

Report given by 11

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key 2nd & Hug Date 08-20-16

MONTHLY

Attendance 94

Newcomers 7

Collections \$ 163.00

Rent \$ 50.00

Literature Order \$ 0

Area Donation \$ 113.00

Report

Mattings are going really good
and the message of Recovery is really
strong

Report given by [Signature]

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name New Connections Date 8/30/26

MONTHLY

Attendance	<u>118</u>
Newcomers	<u>3</u>
Collections	<u>\$ 203.60</u>
Rent	<u>\$ 20</u>
Literature Order	<u>\$ 27.60</u>
Area Donation	<u>\$ 156.00</u>

Report

Meeting is going strong and
attendance is good.

Report given by Bryce D.

Lakeside Unity Area Narcotics Anonymous
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RCM Report – Utah Region

August 2026

Hello Lakeside Area,

I attended the Utah Region meeting on August 9, 2026. Region met quorum with 5 of the 6 Areas represented.

Regional Financial Report

The Regional bank balance is currently \$1,552.35. H&I and PR funds have a combined balance of \$1,410.20. No donation will be made to World this cycle. Campvention expenses came in lower than expected, and several reimbursements were completed. 💎

August 9th 2026 Minutes.pdf

Regional Delegate Report

The updated IP #1 is currently out for review following action taken at the 2026 World Service Conference.

World Unity Day will be celebrated on September 5, 2026, with presentations, the Serenity Prayer, member sharing, and updates from World Services.

The next Conference Participant web meeting will discuss:

Attracting members to service and mentoring them

Area service

The WSC 2029 has been contracted for April 22–28, 2029, and an interim WSC is scheduled for November 12–13, 2027.

Region is also preparing to elect a new Regional Delegate team, with service resumes expected in October and elections planned for December. 💎💎

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H&I Report

The Regional H&I Chair reported that a prison program has reached out looking for assistance in establishing NA meetings and possibly obtaining starter materials. Regional H&I is exploring how they may be able to help.

The NUCCC meeting may be moving to a weekend time to avoid conflicts, and participation from other Areas is encouraged. 💎

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Outreach

The Outreach Chair is working on organizing a speaker jam that would bring members together from all Areas. Venue costs are currently one of the main challenges. 💎

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Website

The Regional Webmaster reported several updates, including:

June Regional minutes uploaded to the archive

Regional meeting information updated

Campvention information removed and URICNA information being updated

Central Area's page updated

No major changes to the meetings page at this time

The Regional website continues to be maintained and updated regularly. 💎

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Campvention 43

Campvention was reported as a success. The event ran smoothly, although attendance appeared to be lower than the previous year.

Lakeside provided the spaghetti meal, UWANA provided Saturday breakfast, and Northern provided Sunday breakfast.

Some lessons learned for future Campventions include:

Ordering less merchandise based on actual registration numbers

Clarifying responsibility for meal costs

Completing the financial audit

A handoff committee meeting and audit are expected in the coming months. ♦

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Important Motion Passed

The motion submitted by Lakeside passed unanimously:

That Region authorize the Lakeside Area PR Chair to use Regional funds up to \$600 to purchase NA literature and materials needed to provide literature to the local jail and two treatment facilities.

Intent: To support Public Relations efforts by providing accurate NA literature and carrying the message of recovery to individuals in correctional and treatment settings.

During discussion, it was clarified that Lakeside's PR and H&I efforts are combined and that the funding would come from the Regional H&I budget. The motion passed 4-0-0. ♦

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Other Regional Business

The Regional PR Chair position remains open.

All Regional service positions will be open in December as part of the spirit of rotation.

Donnie C. was confirmed as the new Campvention Chair.

Lisa H. was confirmed as the new Campvention Treasurer.

The Archives and History Ad Hoc Committee remains open for another cycle.

The Regional Insurance Ad Hoc Committee had nothing to report.

Next Regional Meeting

The next Utah Region meeting will be:

October 11, 2026

Location: TBD — Zoom unless otherwise announced

ILS,

Arron

Lakeside Area RCM

Lakeside Unity Area of Narcotics Anonymous - 2026															
	Notes	January	February	March	April	May	June	July	August	September	October	November	December		
Income														Year-To-Date	
Kleansville	M	\$7.00	\$14.00	\$40.00	\$8.00	\$53.00		\$69.00						\$191.00	
Key Tag & Hug	Tu	\$49.00	\$42.00	\$56.00	\$16.00	\$51.00	\$30.00		\$443.00	\$113.00				\$800.00	
New Connections	W	\$119.00	\$140.00	\$133.00	\$127.00	\$134.00	\$85.00	\$37.00	\$376.00	\$156.00				\$1,307.00	
Unplug to Connect	W	\$135.00	\$39.00	\$40.00		\$43.10		\$21.00						\$278.10	
Coffee and Recovery	Th		\$40.00				\$200.00	\$100.00	\$100.00	\$70.00				\$510.00	
TGIF	F		\$59.00					\$26.00						\$85.00	
Surrender on Saturday	Sa													-	
Spiritual Solutions	Su			\$103.00										\$103.00	
Refuse to Use	M, W, F, Sa, Su				\$45.33	\$49.18			\$89.91	\$216.29				\$400.71	
Finally Connected	Tu, Th		\$77.00			\$160.35	\$59.55							\$296.90	
Other														-	
7th Tradition														-	
Total Income		\$310.00	\$411.00	\$372.00	\$196.33	\$490.63	\$374.55	\$253.00	\$1,008.91	\$555.29	-	-	-	\$3,971.71	
*Monthly Rent in books and H&I/PR Lit added to Lit balance only, not a cash expense.															
Expenses															
Area Rent (JFT/SPAD/BASIC)*	\$42.90/month as needed	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90				\$386.10	
H&I / PR Literature*	10%	\$31.00	\$41.10	\$37.20	\$19.64	\$49.07	\$37.46	\$25.30	\$100.90	\$55.53	-	-	-	\$397.20	
NAWS Donaton	20%	\$62.00	\$82.20	\$74.40	\$39.27	\$98.13	\$74.91	\$50.60	\$201.79	\$111.06	-	-	-	\$794.36	
Storage Unit (due on 3rd)	\$69/month	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00				\$621.00	
Phone Line	\$25/month	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00				\$225.00	
Zoom (21st, previous month)	\$18.22/month	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22				\$163.98	
Schedules	as needed													-	
H&I / PR Events	as needed													-	
Webpage (8/16/26)	\$398.59/2-year								\$398.59					\$398.59	
Wix Domain (3/12/27)	\$48/2-year													-	
GoDaddy Domain (11/2/26)	\$24/year													-	
PO Box (3/31/26)	\$182/year			\$196.00										\$196.00	
Adjustments / Motions									\$400.00					\$400.00	
Literature Income		\$267.65	\$239.60	\$216.05	\$272.55	\$167.10	\$221.19	\$194.25	\$38.65	\$266.10				\$1,883.14	
Literature Expense		\$706.29	\$327.50		\$530.23		\$520.50							\$2,084.52	
Literature Balance	\$707.03	\$311.29	\$266.29	\$525.24	\$310.46	\$520.46	\$264.05	\$501.20	\$582.75	\$891.75	-	-	-		
Activities Income				\$156.00		\$203.00		\$207.00	\$125.00					\$691.00	
Activities Expense				\$211.94				\$56.00	\$390.00					\$657.94	
Activities Balance	\$150.00	\$211.94	\$211.94	\$156.00	\$156.00	\$359.00	\$359.00	\$510.00	\$245.00	\$245.00	-	-	-		
Total Deposit	-	\$577.65	\$650.60	\$744.05	\$468.88	\$860.73	\$595.74	\$654.25	\$1,172.56	\$821.39	-	-	-	\$6,545.85	
Earned Interest	-	\$0.04	\$0.03	\$0.01		\$0.04	\$0.05	\$0.03	\$0.07					\$0.27	
Total Expenses	-	\$911.51	\$563.02	\$631.76	\$701.36	\$259.42	\$745.09	\$244.12	\$1,603.50	\$278.81	-	-	-	\$5,938.59	
Bank Balance	\$857.05	\$523.23	\$610.84	\$723.14	\$490.66	\$1,092.01	\$942.71	\$1,352.87	\$922.00	\$1,464.58					
Working Balance	\$0.02	\$(0.00)	\$132.61	\$41.90	\$24.20	\$212.55	\$319.66	\$341.67	\$94.25	\$327.83	-	-	-		
Prudent Income		\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02					\$0.16	
Prudent Expense		-	-	-	-	-	-	-	-	-	-	-	-	-	
Prudent Balance	\$501.05	\$501.07	\$501.09	\$501.11	\$501.13	\$501.15	\$501.17	\$501.19	\$501.21	\$501.21	-	-	-		

Sixth Concept

Group conscience is the spiritual means by which we invite a loving God to influence our decisions.

Conscience is an essentially spiritual faculty. It is our innate sense of right and wrong, an internal compass that each of us may consult in our personal reflections about the best course to take. Our Basic Text refers to conscience as one of those "higher mental and emotional functions" which was "sharply affected by our use of drugs." By applying our steps, we seek to revive it and learn how to exercise it. As we steadily apply spiritual principles in our lives, our decisions and actions increasingly become less motivated by self-interest, and more motivated by what our conscience tells us is good and right.

When addicts whose individual consciences have been awakened in the course of working the steps come together to consider service-related questions, either in their NA group or in a service committee meeting, they are prepared to take part in the development of a group conscience. The exercise of group conscience is the act by which our members bring the spiritual awakening of our Twelve Steps directly to bear in resolving issues affecting NA. As such, it is a subject which must command our most intent consideration.

The development of a group conscience is an indispensable part of the decision-making process in Narcotics Anonymous; however, group conscience is not *itself* a decision-making mechanism. To clarify the difference between the two, let's look at our personal lives. People living spiritually oriented lives usually pray and meditate before making major decisions. First, we look to our source of spiritual strength and wisdom; then, we look forward and chart our course. If we automatically claim that God has guided us every time we make a decision, whether or not we've actually invited God to influence us prior to making that decision, we fool

only ourselves. The same applies to group conscience and collective decision making.

Developing a collective conscience provides us with the spiritual guidance we need for making service decisions. We pray or meditate together, we share with one another, we consider our traditions, and we seek direction from a Higher Power. Our groups, service boards, and committees often use the vote as a rough tool for translating that spiritual guidance into clear, decisive terms. Sometimes, however, no vote is needed; following thoughtful, attentive discussion, it is perfectly apparent what our collective conscience would have us do in a given service situation. Just as we seek the strongest possible spiritual unity in Narcotics Anonymous, so in our decision making we seek unanimity, not merely a majority vote. The more care we take in our considerations, the more likely we are to arrive at unanimity, and no vote will be needed to help us translate our group conscience into a collective decision.

When making specific service decisions, voting or consensus may be the measure of our group conscience. However, group conscience can be seen in all our fellowship's affairs, not merely in our decision-making process. The group inventory process is a good example of this. When members of an NA group gather together to examine their group's effectiveness in fulfilling its primary purpose, they each consult their own conscience concerning their individual role in the life of the group. They consider the concerns of the group as a whole in the same light. Such a group inventory session might produce no specific service decisions whatsoever. It will, however, produce among group members a heightened spiritual sensitivity, both to the needs of the still-suffering addict and to the needs of fellow group members.

Another example of group conscience being developed without producing a service-related decision, one each of us can identify with, can be found every day of the week in our recovery meetings. Many are the times when we go to an NA meeting with a personal problem, seeking comfort, support,

and guidance in the experience of other recovering addicts. Our members, each with their individual personalities, backgrounds, and needs, speak to one another—and to us—of the spiritual awakening they've found in applying the Twelve Steps in their lives. From the diversity of the group a common message arises, a message we can apply to our own lives: the message of recovery. In this message we find "the therapeutic value of one addict helping another." We also find in this message the group conscience, applied not to a service issue but to our own spiritual growth.

Group conscience is the means by which we collectively invite the ongoing guidance of a Higher Power in making decisions. We apply the Sixth Concept when we pursue our own personal recovery with vigor, seeking that ongoing spiritual awakening which makes it possible for us to apply the principles of the program in all our affairs, including our service affairs. We apply the Sixth Concept when we listen not just to the words our fellow members speak, but to the spirit behind their words. We apply the Sixth Concept when we seek to do God's will, not our own, and to serve others, not ourselves, in our service decisions. We apply the Sixth Concept in our groups, service boards, and committees when we invite a loving God to influence us before making service-related decisions.