

Lakeside Area Service Minutes: 2/1/26 DBH

Open meeting at 4:45pm, moment of silence, Serenity Prayer.

Groups

- Kleansville: Justin, present: justingleed@gmail.com
- Refuse to Use: Mark, present: masmith@allwest.net
- Key Tag & Hug: Jerry, present geraldyoder37@yahoo.com
- Finally Connected: Present Jake ja.arch.27@gmail.com
- Unplug to Connect: Chelsey W, present: chel1144@gmail.com
- New Connections: Bryce, present: bryced35@gmail.com (new GSR)
- Coffee and Recovery: Jeff, present: jeffhull2023@outlook.com
- TGIF: Tahna, present: tahnarooe@gmail.com (new GSR)
- SOS: present Mike love2hunt.bybee@gmail.com (Mike's last area)
- Spiritual Solutions: present, Eddie eddie.f.sandoval@gmail.com
 - Quorum met 10/10 present

Committee

- Chair: Jess, not present: jessalynseven@gmail.com
- Vice-Chair: not present (Nicole)
- Secretary, open, present: James filling in
- Treasurer, Derrick, not present: dbrydson08@gmail.com
- Literature, Kurtis, present: kurtis.randall09@gmail.com
- Activities, Tahna, present: tahnarooe@gmail.com
- Webmaster, Brittney, not present: Brittney_pine@yahoo.com
- H&I PR, Brittni present: josephpsowers7@gmail.com,
- RCM Arron present: dmoore623@gmail.com
- Ad-hoc 1 Guidelines, present James K
- Ad-hoc 2 GSR Books, present Brittni K

Reports

1. Group Reports: see attached written reports
2. Chair: Jess, not present, Brittni filling in No report
3. Vice Chair: Nicole, not present
4. RCM: see attached report. Next Region meeting is February 8th, 2026 at noon, via zoom will attend.

5. PR / H&I: Brittnt, present: 3 in attendance today, jail report was clear and helpful, Mondays 7-9pm and new times Saturday mornings is available, time TBD, current coordinator position is open. Elevations is not an active facility at this time, they do require background and fingerprints to attend, this has caused some difficulties for members to go in. Diamond Detox still going, William C has some dedicated members each week. Online google doc list for speakers for facilities coming soon. Uintah county jail still going well, see attached report. Spring into Service activity on March 28, 2026, location and time TBD. Working to get a key for our Area and subcommittee to have for this meeting. No literature order.
6. Activities: Tahna, present, see attached report. balance is \$211.94
7. Webmaster: Brittney P, not present. See attached report.
8. Literature: Kurtis, \$327.50 order made, \$239.60 orders filled, Lit balance: \$266.29
 - a. Short (3) Living Cleans for Kleansville.
 - b. Rent was forgotten, (1 BT, 1 JFT, 1 SPAD), two months owed.
9. Treasurer: Derrick, present. group donation \$411, rent paid, no H&I order, bills paid, NAWS \$41.10, Region \$82.20. \$132.61 working balance.
 - a. Bank account was locked due to a previous service member having personal banking issues and needed to remove themselves from the account to avoid action.
10. Ad-hoc Guidelines: James, Guidelines have been out for 3 months.
11. Ad-hoc GSR books: Nothing to report, 3-4 books needed.

Open Discussion:

Literature racks (from previous cycle)

1. Diamond Detox
2. Job Corp (closed)
3. Methadone Clinic in Layton
4. Safe Harbor in Layton
5. AP&P in Farmington
6. DCJ Lobby (slots on wall)
7. Active Recovery in Centerville

8. South Davis Recovery Club in Bountiful

New Guidelines, special meeting will be held in February 15th, DBH 4:00pm – 6:00pm special guidelines review, review at the March meeting, voted on in April 2026. Email comments, changes, concerns prior to the meeting, email to jkrstich@gmail.com.

New Area Service Pamphlet, need to update QR code, add a revision date.
Voting to include: 7 for, 0 opposed, 3 abstentions.

Next Area March 1st, 2026, at DBH, 4:45pm.

Business:

1. Spotlight meeting for Spotlight meeting- Unplug to Connect
2. Announcement / Service Needed Review:
 - a. Post info about Special Guidelines Meeting
 - b. Add CAR and CAT Flyer and Meeting
 - c. Add Campvention Cookie fundraiser
 - d. Removed past items
 - e. Keep all other items
3. Working balance: \$132.61 held for PO Box next month.
4. Secretary position still open.

Motion to close at 6:38pm. End of minutes.

New Connections

Newcomers 3

Attendance Total 113

Rent ~~20~~ 20\$

Area Donation 140'00

Bryce D.

February 1, 2026

Key tag & A hug	9.60
Coffee & Recovery	23.90
TGIF	\$30.60
Kleansville	\$87.85
Other area (venmo payment)	\$87.

Total ~~239.60~~
venmo / cash \$239.60

Backorder 3 Living Clean to Kleansville

Lit order \$327.50

RCM report for Area

As of last region we did not have quorum in order to make any movement with the excess funds that we have in region.

Due to not having quorum for the last regional meeting I have put out feelers to find out who the other rcms are for the other areas that are a part of this region and I am trying to find out the best way to make sure that everyone shows up so that way we can do things and get things done for our areas.

I will be attending the cat and car information on the February 22nd to learn about the motions and changes.

On 1/25/2026 I attended the audit for campvention 42. The total income was \$13,556.42 they left at \$8,000 prudent reserve so a total of \$5,556.42 was sent to region.

On 125 2026 I attended the audit for URICNA 26. The total income was \$23,817 it was a break even event so no money was sent to region.

Our next regional meeting will be February 8th at 12:00 p.m. via zoom.

This concludes my report as the RCM for lakeside area thank you for allowing me to serve and to be of service.

- DeLon M

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Unplug to Connect Date 2.1.26

MONTHLY

Attendance 28

Newcomers 0

Collections \$ 73

Rent \$ 25

Tortillas for activity
Literature Order \$ 10

Area Donation \$ ~~38~~ 39

Report

Meetings have been small. Message of recovery
is clear and strong. It would be cool if
we could be the spotlight meeting for
February

Report given by Chelsey W.

Lakeside Unity Area Narcotics Anonymous
GROUP REPORT

Group Name Surrender on Saturday Date 01-31-20

MONTHLY

Attendance

119

Newcomers

3

Collections

\$ 234.21

Supplies

\$ 60

Rent

\$ 40

Literature Order

\$ 0

Area Donation

\$ 0

Report We had a few newcomers. Some awesome
meetings. Need supplies but literature we're
good on. And we want to donate to
NANA and that's where the remaining
is going

Report given by Fera

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name TGIF Date ~~02/01/26~~ 02/01/26

MONTHLY

Attendance 156

Newcomers 6

Collections \$ 179

Rent \$ —

Literature Order \$ 31

Area Donation \$ 59

Report

TGIF meeting is doing very good. We
have a GSR now! We are also excited
about hosting the bandigo. Our attendance
and collections have been steady. We
also have had lots of newcomers this
month.

Report given by Tahna

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee Recovery Date 1-30-26

MONTHLY

Attendance 100

Newcomers 20

Collections \$ 178

Rent \$ 50

Literature Order \$ 24

Area Donation \$ 40

Report

We have a few gals getting out of treatment
and becoming homgroup members, and the
boys treatment center seems to be coming regularly

phenox to infinite groups

Report given by _____

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Finell committee Date 2-1-26

MONTHLY

Attendance 10 AL@ASIC

Newcomers 5

Collections \$ 209

Rent \$ 30

Literature Order \$ 26

Area Donation \$ 77

Report

Meeting 9 9:00 OCL

workily on 9 March 14 activity

Flyer coming soon

Report given by Jake

83.00

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key Log E Aug Date 02-01-28

MONTHLY

Attendance 92

Newcomers 4

Collections \$ 82.00

Rent \$ Rent 30

Literature Order \$ ~~9.60~~ 9.60

Area Donation \$ ~~48.00~~ 42.00

Report

Meetings are going strong. There is a
Party Dinner for the Party for the
Girls Home Dev. coming in.

Report given by _____

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 02/01/2026

MONTHLY

Attendance 137 (Attendance between 2 – 10 for 21 meetings)

Newcomers 1

Collections \$ 323.25

Activities \$ 0.00

Rent \$ 70.00

Pizza \$ 60.00

Lit and Supplies \$ 0.00

Travel \$ 0.00

Area Donation \$ 0.00

Regional Donation \$ 0.00

World Donation \$ 0.00

PO Box Rent \$ 0.00

Website \$ 193.25

Report: **Our meeting attendance has decreased quite a little being a short month; we do not have an Area donation at this time. We are in the planning stage of our Annual Campout for July 10 – 12, 2026.**

Report Given By: Mark S. Alternate GSR for the RTU

Lakeside Unity Area Narcotics Anonymous Group Report

Group Name Kleonsville Date 2020-02-01

MONTHLY

Attendance 107

Newcomers 2

Collections \$ 145

Rent \$ 20 Supplies: \$ 23

Literature Order \$ 88

Area Donation \$ 14

Report

Meeting is going well. We started reading from Living Clean.

Report given by 

