

Lakeside Area Service Minutes: 8/2/2026 Davis Behavioral Health (DBH)

Open meeting at 4:50 PM, moment of silence, Serenity Prayer.

Groups: Quorum: 6 / 10 present

Homegroup Name	GSR	Email	Present
Kleansville	Justin	Justinleed@gmail.com	Yes
Refuse to Use	Mark	Masmith@allwest.net	Yes
Key Tag & a Hug	Jerry	Geraldtyoder37@yahoo.com	Yes
Finally Connected	Cody	Codypine@rocketmail.com	No
Unplug to Connect	Chelsey S.	Chelseysill04@gmail.com	No
New Connections	Bryce	Bryced35@gmail.com	Yes
Coffee and Recovery	Shanda	Shandahale1@gmail.com	Yes
TGIF	Opal	Opaljames86@gmail.com	Yes
SOS	Sarah	s.e.w.wowlife@gmail.com	No
Spiritual Solutions	Eddie	Eddit.f.sandoval@gmail.com	No

Committee:

Service Position	Name	Email	Present
Chair	Jess	Jessalynseven@gmail.com	Yes
Vice Chair	Tahna	tahnarooee@gmail.com	Yes
Secretary	Michael	RazaviMikhail@gmail.com	Yes
Treasurer	Derrick	Dbrydson08@gmail.com	Yes
Literature	Kurtis	Kurtis.randall09@gmail.com	Yes
Activities	Chelsea	Chelseysill04@gmail.com	No
Web Dom	Brittney P.	Brittney_pine@yahoo.com	No
H&I PR	Brittni K.	Brittnimm888@gmail.com	Yes
RCM	Arron	Dmoore623@gmail.com	Yes
Ad-Hoc 1	Russ	Tdcdriling@aol.com	Yes
Ad-Hoc 2	Brittni K	Brittnimm888@gmail.com	Yes

Reports:

Report	Notes
Group Reports	See Attached Lakeside Unity Area NA Group Reports.
Chair Report	Nothing to report.
Vice Chair Report	Looking to create a women's meeting
Secretary Report	Nothing to report.
RCML Report	See attached report.

2. Discussion about Website:

➔ Brittnei K will send text to WebDom regarding removing announcements

3. Discussion held on not sending funds to Region this month, budgeting for the Campvention Dinner, reimbursement for Russ, and setting aside monthly funds for Campvention.

➔ Motion: Delinda made the following motion: To take the current working balance of \$892.84, pay the website fee of \$398.59, and give \$400 to Russ. The remaining money previously allocated for books will no longer be available, and the Area will request funding for books from Region. Russ seconded the motion. All GSRs voted yes.

New Spotlight Meetings: Monday Night Refuse to Use

Trinity Lutheran Church

50 Yellow Creek Rd.

Evanston, Wyoming

Concepts Workshop:

Bruce from the *Key Tag and a Hug* homegroup facilitated a workshop on the Fifth Concept: "For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined."

Upcoming Fifth Concept Workshop: Sixth Concept, Coffee and Recovery

Closing:

The meeting was adjourned at 6:45 PM.

The meeting closed with a circle and the Serenity Prayer.

The next Lakeside Area Meeting will be held in September 2026.

Minutes prepared by Michael R., a member of Narcotics Anonymous.

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Refuse to Use Group, Evanston Date 8/2/2026

MONTHLY

Attendance	<u>145</u>
Newcomers	<u>2</u>
Collections	<u>\$ 505.79 (includes raffle money from the birthday party)</u>
Activities	<u>\$ 112.45</u>
Rent	<u>\$ 60.00</u>
Pizza	<u>\$ 60.00</u>
Lit and Supplies	<u>\$ 0.00</u>
Travel	<u>\$ 0.00</u>
Area Donation	<u>\$ 89.91</u>
Regional Donation	<u>\$ 0.00</u>
World Donation	<u>\$ 0.00</u>
PO Box Rent	<u>\$ 0.00</u>
Website	<u>\$ 0.00</u>

Report: Our meeting attendance is holding pretty steady. Our Monday night meeting really struggles with attendance as low as 2 addicts at times. We have changed our format to chair's choice and are experimenting with different topics, candle light, pick a stick, etc. Our campout was a great success. We served dinner to about 25 addicts and our raffle brought in \$393.00. We don't have any upcoming group activities planned at this time. We have an area donation of \$89.91.

Report Given By: DeLynda H., GSR for the RTU

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Klennsville Date 2020-08-02

MONTHLY

Attendance 72

Newcomers 2

Collections \$ 94

Rent \$ 20

Literature Order \$ 23

Area Donation \$ 0

Contribution Donation \$ 51

Report

Meeting is going well, thank you

Report given by 

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key Tag & Hug Date 08-04-26

MONTHLY

Attendance 91

Newcomers 4

Collections \$ 400.00

Rent \$ 30.00

Literature Order \$ 8

Area Donation \$ 370.00

+ 73⁰⁰ for July

Report

Meetings are going really good
We have a bit of old times and New Comers
and a lot of Yousers !!
Thank ~~Key Tag & Hug~~
~~is~~

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name New Connections Date 8/2/26

MONTHLY

Attendance 117

Newcomers 10

Collections \$451.65

Rent \$20

Literature Order \$15.65

Area Donation \$376

Report

Meeting is going great!

Report given by Bryce D.

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee's Recovery Date 8/2/20

MONTHLY

Attendance 120

Newcomers 2

Collections \$

Rent \$ ~~100.00~~

Literature Order \$

Area Donation \$ 100

Report

It's the Best homegroup.

Report given by Shanda

August 2, 2026

New Connections
Kleansville

\$15.65
\$22.54

Total \$38.65

Lakeside Unity Area Sponsored Dinner Report

Friday Night at Campvention 7/24/2026

Hello all,

To start with, I'd like to say thank you to all the members of this workgroup for their service, many hands make for light work! A special thanks goes to my granddaughter Harley for hanging out with the committee and serving the salad!

The cost breakdown is detailed to show everyone that the cost to put on a successful task like this is a fairly costly thing and that if in the future this body wants to do this, budgeting the funds over the year would be a good idea. Just saying.

While I had the willingness to spend a stupid amount (speaking about myself), this body should look at how it would do this in the future, stockpots, cook tops (burners), long handled cooking tools, etc. and inventorying itself to do such things not only for this activity, but area functions. Food for thought.

While the actual cost to serve the dinner was \$930.14, this body can reimburse me an amount it chooses, I have no expectations.

While I have this platform I'd like to speak to two topics, first I feel like I stole the opportunity for the newer members of the fellowship to learn how to plan and execute this type of task. I learned how to do this type of skill starting at 18 months clean with my wife Stephanie, by putting together the annual area Christmas dinner in Northern in 1992 and have honed these skills over the many committees that I have served on. Being asked for suggestions or my experience is where I feel my help would better used, thus allowing newer members to gain these useful skillsets, which for me included PTA boards, Community councils, Non-profit organizations that have been involved with over the years.

Second this body needs to reassess its moving money forward so hastily, we honor the fund flow principle by always donating 10% and 20% to world and region off the top. Maybe finding ways to carry the message here in Davis County with our funding would be a good idea. Having funds to do the things the committees come up, to help grow the fellowship, may be a better use of our funds.

As always, in loving service!

Russ G

Campvention Dinner Cost Breakdown-7/24/26

Items	Receipt #	Actual cost	Amount used	Cost to Area
Hamburger 36 lbs.	9 & 11	\$381.49	16 lbs.	\$169.55
Tomato Sauce 8 cases made 15 gallons	5 & 6	\$79.76	10 gallons	\$53.17
Spaghetti seasoning packets 36	10	\$35.97	16	\$9.99
Beef Bouillon 2	8 & 12	\$12.20	2	\$12.20
Onion and Garlic powder 3 each	6	\$58.59	1/2 each	\$9.76
Beef Broth 2	14	\$2.61	2	\$2.61
Thin Spaghetti Noodles 6	6	\$52.65	4.5	\$39.49
Parmesan Cheese 9	6	\$68.78	4	\$30.57
Salad mix 16	4	\$43.83	5	\$13.70
Croutons-5 and Bacon Bits-5	6	\$82.23	2 each	\$32.88
Salad Dressings Italin-5, Ranch-5	6	\$105.37	1 and 2	\$31.61
Dinner Rolls 7	4	\$28.76	5	\$20.50
Butter 2 boxes	Sills	\$40.00	1	\$20.00
Drinks-Water, Gatorade and Zero Gatorade	4 & 5	\$140.29	All	\$140.29
Icecream Sandwiches 16	3	\$155.90	All	\$155.90
Brownies 4	7	\$43.18	1	\$21.59
Ice 20 bags	12 & 13	\$45.12	All	\$45.12
Dry Ice	1 & 2	\$50.82	All	\$50.82
Plates 2	7	\$45.00	1	\$22.50
Cutlery packets	7	\$28.29	used	\$28.29
Serving Trays	7	\$19.60	used	\$19.60
Garbage bags, towels, foil, napkins, forks, etc.	7	\$134.09	Bought to	\$0.00
Serving tools, water jugs	14	\$120.06	ensure	\$0.00
Totes, gloves, buckets papertowels	15	\$179.88	successful	\$0.00
stockpots, drain stand, hot top tables	16	\$337.77	event	\$0.00
 Total Costs		 \$2,292.24		 \$930.14

Information Sharing for GSRs

The Fifth Concept: Clarity, Responsibility, and Accountability in NA Service

Why This Matters

As GSRs, we help carry our group conscience to Area and bring information back to our home groups. One of the most important tools we have for making service work smoothly is the **Fifth Concept**.

When we understand and apply it well, we reduce confusion, avoid burnout, and help our service structure actually function the way it's intended to.

Fifth Concept (Main Focus)

"For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined."

What it means (in plain language)

When we give someone a job in NA service, we should also make sure:

- We know **who is responsible**
- We know **who makes the decisions**
- We know **who reports back**
- We know **who answers questions about it**

That's it.

It's about **clarity**, not control.

Why this matters in real life

Without the Fifth Concept, service can become:

- Confusing ("Who's handling this?")
- Slow ("We need to ask 5 people first...")
- Frustrating ("I thought someone else was doing it...")
- Ineffective (nothing gets fully completed)

- How decisions get made
-

What happens **WITHOUT** the Fifth Concept

We often see:

- Multiple people making conflicting decisions
- Tasks falling through the cracks
- Meetings spent re-deciding old decisions
- Trusted servants feeling unsupported or overwhelmed
- Area stepping in too late or too often

Most of this comes from one issue:

👉 No clear point of responsibility

What happens **WITH** the Fifth Concept

We see:

- Clear direction
- Faster decisions
- Less confusion
- Better follow-through
- Healthier trust in service roles

People can actually focus on the work instead of sorting out who is supposed to be doing it.

What this means for **GSRs**

As GSRs, we help protect the Fifth Concept by:

- ✓ Asking “Who is responsible for this?”
 - ✓ Supporting clear assignments of responsibility
 - ✓ Avoiding shared roles that have no clear decision-maker
 - ✓ Encouraging trusted servants to actually serve in the role they were given
 - ✓ Bringing concerns back through proper channels instead of bypassing structure
-

Aug. 2nd 2026
Lakeside RCM Report

Good afternoon, family.

I have a brief report this month. CampVention 43 was very well attended, and from all accounts it was a great weekend of fellowship, recovery, and unity. At this time, we do not have the final attendance or financial numbers, but those will be shared once they have been finalized.

Regional Service Committee will be meeting next week Aug. 9th. I will attend on behalf of our Area, carry our Area's conscience, and bring back any relevant information and updates at our next Area Service Committee meeting.

Lastly, I would like to say how grateful I am for the opportunity to serve our Area. Service has become an important part of my recovery, and I appreciate the trust you've placed in me to represent our fellowship. Thank you for allowing me to serve and be of service.

Arron M.

RCM

Lakeside Unity Area of Narcotics Anonymous - 2026														
	Notes	January	February	March	April	May	June	July	August	September	October	November	December	Year-To-Date
Income														
Kleansville	M	\$7.00	\$14.00	\$40.00	\$8.00	\$53.00		\$69.00						\$191.00
Key Tag & Hug	Tu	\$49.00	\$42.00	\$56.00	\$16.00	\$51.00	\$30.00		\$443.00					\$687.00
New Connections	W	\$119.00	\$140.00	\$133.00	\$127.00	\$134.00	\$85.00	\$37.00	\$376.00					\$1,151.00
Unplug to Connect	W	\$135.00	\$39.00	\$40.00		\$43.10		\$21.00						\$278.10
Coffee and Recovery	Th		\$40.00				\$200.00	\$100.00	\$100.00					\$440.00
TGIF	F		\$59.00					\$26.00						\$85.00
Surrender on Saturday	Sa													
Spiritual Solutions	Su			\$103.00										\$103.00
Refuse to Use	Mo, W, F, Sa, Su				\$45.33	\$49.18			\$89.91					\$184.42
Finally Connected	Tu, Th		\$77.00			\$160.35	\$59.55							\$296.90
Other														-
7th Tradition														-
Total Income		\$310.00	\$411.00	\$372.00	\$196.33	\$490.63	\$374.55	\$253.00	\$1,008.91	-	-	-	-	\$3,416.42
Expenses														
*Monthly Rent in books and H&I/PR Lit added in Lit Balance only, not a cash expense.														
Area Rent (JFT/SPAD/BASIC)*	\$42.90/month	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90					\$343.20
H&I / PR Literature*	as needed													-
NAWS Donaton	100%	\$31.00	\$41.10	\$37.20	\$19.64	\$49.07	\$37.46	\$25.30	\$100.90					\$341.67
Region Donation	20%	\$62.00	\$82.20	\$74.40	\$39.27	\$98.13	\$74.91	\$50.60	\$201.79	-	-	-	-	\$683.20
Storage Unit (due on 3rd)	\$69/month	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00					\$552.00
Phone Line	\$25/month	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00					\$200.00
Zoom (21st, previous month)	\$18.22/month	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22					\$145.76
Schedules	as needed													-
H&I / PR Events	as needed													-
Webpage (8/21/26)	\$398/2-year								\$398.59					\$398.59
Wix Domain (3/12/27)	\$167/2-year													-
GoDaddy Domain (11/2/26)	\$21/year													-
PO Box (3/31/26)	\$196/year			\$196.00										\$196.00
Adjustments / Motions														-
Literature Income		\$267.65	\$239.60	\$216.05	\$272.55	\$167.10	\$221.19	\$194.25	\$38.65					\$1,617.04
Literature Expense		\$706.29	\$327.50		\$530.23		\$520.50							\$2,084.52
Literature Balance	\$706.23	\$311.29	\$266.29	\$525.24	\$310.46	\$520.46	\$264.05	\$501.20	\$582.75	-	-	-	-	
Activities Income				\$156.00		\$203.00		\$207.00	\$125.00					\$691.00
Activities Expense				\$211.94				\$56.00	\$390.00					\$657.94
Activities Balance	\$150.00	\$211.94	\$211.94	\$156.00	\$156.00	\$359.00	\$359.00	\$510.00	\$245.00	-	-	-	-	
Total Deposit	-	\$577.65	\$650.60	\$744.05	\$468.88	\$860.73	\$595.74	\$654.25	\$1,172.56	-	-	-	-	\$5,724.46
Earned Interest	-	\$0.04	\$0.03	\$0.01		\$0.04	\$0.05	\$0.03	\$0.07					\$0.27
Total Expenses	-	\$911.51	\$563.02	\$631.76	\$701.36	\$259.42	\$745.09	\$244.12	\$1,203.50	-	-	-	-	\$5,259.78
Bank Balance	\$857.05	\$523.23	\$610.84	\$723.14	\$490.66	\$1,092.01	\$942.71	\$1,352.87	\$1,322.00	-	-	-	-	
Working Balance	\$0.02	\$0.00	\$132.61	\$41.90	\$24.20	\$212.55	\$319.66	\$341.67	\$94.25	-	-	-	-	
Prudent Income		\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02					\$0.16
Prudent Expense		-	-	-	-	-	-	-	-					-
Prudent Balance	\$501.05	\$501.07	\$501.09	\$501.11	\$501.13	\$501.15	\$501.17	\$501.19	\$501.21	-	-	-	-	

*Monthly Rent in books and H&I/PR Lit added to Lit Balance only, not a cash expense.