Lakeside Area Service Minutes: 5/3/2026 Davis Behavioral Health (DBH)

Open meeting at 4:46pm, moment of silence, Serenity Prayer.

Groups: **Quorum: 7 / 10 present**

Homegroup Name	GSR	Email	Present
Kleansville	Justin	Justinleed@gmail.com	Yes
Refuse to Use	Mark	Masmith@allwest.net	Yes
Key Tag & a Hug	Jerry	Geraldyoder37@yahoo.com	No
Finally Connected	Cody	Codypine@rocketmail.com	Yes
Unplug to Connect	Chelsey S.	Chelseysill04@gmail.com	Yes
New Connections	Bryce	Bryced35@gmail.com	Yes
Coffee and Recovery	Jeff	Jeffhull2023@outlook.com	No
TGIF	Opal	Opaljames86@gmail.com	Yes
SOS	Sarah	s.e.w.wowlife@gmail.com	Yes
Spiritual Solutions	Eddie	Eddit.f.sandoval@gmail.com	No

Committee:

Service Position	Name	Email	Present
Chair	Jess	Jessalynseven@gmail.com	Yes
Vice Chair	Open	N/A	N/A
Secretary	Michael	RazaviMikhail@gmail.com	Yes
Treasurer	Derrick	Dbrydson08@gmail.com	Yes
Literature	Kurtis	Kurtis.randall09@gmail.com	Yes
Activities	Tahna	Tahnarooe@gmail.com	Yes
Web Dom	Brittney P.	Brittney_pine@yahoo.com	Yes
H&I PR	Brittni K.	Brittnimm888@gmail.com	No
RCM	Arron	Dmoore623@gmail.com	No
Ad-Hoc 1	James	Jkrstich@gmail.com	Yes
Ad-Hoc 2	Brittni K	Brittnimm888@gmail.com	No

Other Members Present: Russ S.

Reports:

Report	Notes
Group Reports	See Attached Lakeside Unity Area NA Group Reports.
Chair Report	Nothing to Report.
Secretary Report	Nothing to Report.
RCML Area Report	See Attached RCML Area Report.
PRI/H&I Report	Five members were present. UINTAH reported that they are awaiting confirmation regarding the possibility of holding a meeting at the State Hospital. DCJ expressed continued interest in including local inmates in the jail rotation program. Russ expressed interest in the Jail Coordinator position and was unanimously elected to the role. The Literature Chair position remains vacant. Diamond Detox has relocated to a new facility in Kaysville. Recovery Days are scheduled for September. (See Attached PR/H&I Report for more Details).
Activities	The dodgeball fundraiser went well, bringing in $203 and bringing the group's balance from $156 to a total of $359. The team discussed logistics for the upcoming tubing event, with the date still to be determined and group rate options being explored. May alternative activities were reviewed, including updated announcement wording to clarify that the gathering is a general recovery event rather than an NA specific event. The group also talked about a possible fireside speaker event in collaboration with Surrender on Saturday, potentially paired with a bake sale, tentatively planned for June 2026 with details still to be finalized.
Web Dom	The website has no issues. The secretary suggested shortening announcements, and the Web Dom recommended using bold text only for key items while continuing to include flyer links for each announcement. Current announcement updates include updating the Spotlight Meeting to feature the Sunday Spiritual Solutions meeting for one month; GSRs informing homegroups about the newly formed Guidelines Committee; removing the open Vice Chair and Jail Coordinator listings; updating the May Crystal Springs event language to replace "lakeside" and adjust NA-specific wording to reflect a general recovery event; and changing the Activities meeting date.
Literature	$167 worth of literature was purchased. There is a backorder of 3 Welcome key tags for the Kleansville group and 10 Welcome key tags for the Key Tag and a Hug homegroup.
Treasurer Report	See Attached Treasurer Report.
Ad-Hoc	Guidelines are available.

Break: 5:10 PM to 5:17 PM

Reopen Meeting: 5:17 PM: Moment of silence for the addict who still suffers, followed by the serenity prayer.

Member Questions and Discussion:

1. Tahna - By established practice, 10% of donations are sent to World Services and 20% to region. Any change to this structure would require GSRs to submit and pass a motion.

2. James – Lakeside Area pays a large price for the website software. It may be possible to downgrade the plan, remove features not used, etc. The Web Dom will contact website software program to determine available downgrade options. Sidenote: the Treasurer and Web Dom will meet to review which features are necessary and which can be safely removed before making any changes.

Motions:

Chair asked, "Any new Motions?"

Committee and GSR: No new motions

Old Business:

1. The Chair reported that two candidates were originally running for the Vice Chair position. However, James has chosen to step down from consideration, leaving Tahna as the sole remaining candidate for Vice Chair. **Tahna unanimously elected Vice Chair (9 yes, 0 No).**

2. For the Activities Committee election, James nominated Chelsea S. for the Activities Chair Position. In her statement, Chelsea shared that she has a sponsor, has completed the steps, has five years clean, and has the time and willingness to serve. Committees and GSRs asked questions, and the nominee responded to each question. **This information will be taken back to the Lakeside Area homegroups for election consideration. In the interim, the Chair appointed Chelsea S. to the Activities Chair Position until a formal vote can be held on 6/7/2026.**

3. The guidelines vote resulted in 5 yes and 4 no, which did not meet the required two-thirds majority per the bylaws, **so the new guidelines were not passed, and the current guidelines will remain in place.**

4. Discussions followed by the opposing homegroups regarding the need for guideline revisions, and a new Ad Hoc Committee, led by Russ S., was formed to develop updated guidelines using a different process specifically by creating questionnaire surveys to be distributed to members to complete to inform the process. A deadline was considered by the committee, but Justin from Kleansville suggested allowing the committee to meet first and determine an estimated timeline for completing the new guidelines. It was suggested that this guideline work be completed before the end of the Chair's term in December 2026.

Concepts Workshop:

A workshop was presented by Mark from the "Refuse to Use" homegroup on the Second Concept, "The final responsibility and authority for NA services rests with the groups." (See attached workshop report).

The next workshop will be presented by Jerry from the Tuesday "Key Tag and a Hug" homegroup on 6/7/2026 and will cover the Third Concept, "The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it."

Closing:

Motion to Close Meeting at 5:55 PM

Closing Circle and Serenity Prayer

Next Lakeside Area Meeting held on June 7th, 2026

Minutes Prepared by Michael, Lakeside Area Secretary

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name Surrender on Saturday Date May 3rd 2026

MONTHLY

Attendance ?

Newcomers ?

Collections $?

Supplies $?

Rent $?

Literature Order $?

Area Donation $?

Report Unable to have a home group meeting. We previously voted on guidelines. Meetings are going well & we will be putting in another lit order some time this month. I'll send an updated report on Sat

Report given by Sarah W

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name TGIF Date April 26

MONTHLY

Attendance 97

Newcomers 7

Collections $_____

Rent $_____

Literature Order $ 53

Area Donation $_____

Report

Gave away literature, Meeting has been going great, good message of recovery. Attendance going good.

Report given by_____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name New Connection 5 Date 5/3/26

MONTHLY

Attendance 14/

Newcomers 4

Collections $ 194.70

Rent $ 20.00

Literature Order $ ~~60.70~~ 40.90

Area Donation $ 134.00

Report

Meeting is going well.

Report given by _____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Unplug to Connect Date 4-29-26

MONTHLY

Attendance 25

Newcomers ~~0~~

Collections $ 68

Rent $ 25

Literature Order $ _____

Area Donation $ 43

Report

_____

_____

_____

_____

_____

Report given by Chris

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Finally Connected Date may 3 - 2026

MONTHLY

Attendance 4-15 per mtg

Newcomers 6

Collections $ 220.56

Rent $ 30.00

Literature Order $ Ø

Area Donation $ 160.36

Report

Our group is going great and has made some guideline changes to our group we would like to move forward with the guidlines and move forward on helping the still suffering addicts and quit Bickering with members that know better.

Report given by_____

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Key Tag & Hug Date 05-03-26

MONTHLY

Attendance 85

Newcomers 5

Collections $ 134.06

Rent $ 30.00

Literature Order $ 53.19

Area Donation $ 51.00

Report

Meetings are going well. They might be slowing down some because of softballs

Report given by Russ

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name **Refuse to Use Group, Evanston** Date **05/03/2026**

MONTHLY

Attendance	**190**	(Attendance between 3 – 14 for 25 meetings)
Newcomers	**1**	
Collections		**$ 380.64**
Activities		**$ 0.00**
Rent		**$ 60.00**
Pizza		**$ 60.00**
Lit and Supplies		**$ 101.96**
Travel		**$ 35.00**
Area Donation		**$ 49.18**
Regional Donation		**$ 0.00**
World Donation		**$ 0.00**
PO Box Rent		**$ 0.00**
Website		**$ 0.00**

Report: **Our meeting attendance has increased from the previous month; we do have an Area donation of $49.18 at this time. We are in the planning stage of our Annual Birthday with the date will be June 13th at 736 Center Street.**

Report Given By: **Mark S. Alternate GSR for the RTU**

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Kleansville Date 2026-05-03

MONTHLY

Attendance 102

Newcomers 5

Collections $ 113

Rent $ 20

Literature Order $ 20

Area Donation $ 53

NAWS Donation $ 20

Report

Meeting is going well, thanks!

Report given by

Second Concept

The final responsibility and authority for NA services rests with the NA groups.

Help the groups to carefully and responsibly delegate authority to the service structure, allowing our NA boards and committees to develop and maintain services that further our fellowship's primary purpose while preserving the final responsibility and authority of the NA groups;

The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand.

- Principle: Authority
- Home groups set the direction for service activities at all levels
- Despite delegation of certain functions to other service bodies, the NA home groups are always in charge

Second Concept

The final responsibility and authority for NA services rests with the NA groups.

The groups have final responsibility for and authority over the service structure they have created. By fulfilling their responsibility to provide their service structure with the conscience, ideas, people, and money it needs, the groups also exercise their authority. Conversely, the service structure must always look to the groups for support and direction.

Study and discussion questions

1. Does your group have any way of letting your area committee know whether it's meeting your needs? How?
2. Does your group's GSR regularly take part in ASC meetings? Do you regularly contribute to the ASC? Do these things give your group any say about the way NA services are administered? How?
3. How frequently is your group consulted on service matters by the ASC? The RSC? The WSC? Do you want to be consulted more often? Less often?
4. What does the Second Concept say to our service boards and committees? Does your group believe that message is heard and understood by our service structure? If not, what can your group do about it?

Literature
May 2026

Kleansville	$20
New Connections	$40
TGIF	$53.90
Keytag & A Mug	$53.20
Total	167.10

Back order 3 welcome keytags for Kleansville and 10 welcome keytags for Keytag and A Mug.

PR MEETING REPORT MAY 2026

OPEN 3:50 PM SERENITY PRAYER JFT

ATTENDANCE

JAMES K - PR MEMBER
MICHAEL R - OBSERVING PANEL MEMBER
RUSS G - PANEL MEMBER
CHAD H - UINTA JAIL
YES! N - SUPPORT

- UINTAH - 2 MEN 2 FEMALE, STATE HOSPITAL WAITING ON WORD IF CAN GET A MEETING THERE.
- DCJ - STILL INTERESTED IN GETTING LOCAL INMATES ON JAIL ROTATION 1ST AND 4TH MONDAY'S WILL COVERED.
- RUSS G - INTERESTED IN JAIL COORDINATOR. VOTED IN UNAMIOUSLY ✓
- LITERATURE CHAIR POSITION - STILL OPEN
- DIAMOND DETOX - PANEL COORDINATOR NOT PRESENT. NEW LOCATION IN KAYSVILLE - MOVED. 770 S MAIN KAYSVILLE MICHAEL R IS GOING IN, MOST WEEKS ARE COVERED.
- RECOVERY DAYS IN SEPTEMBER - MORE TO COME.