

Lakeside Unity Area Business 10-04-26

Opened by Jess at 4:45 with a MOS and serenity prayer. 15 present one visitor

Kleansville, not present, report attached

RTU, Delynda present, report attached

Key Tag & Hug, Jerry present, report attached

Finally Connected, Cody present, report attached

New Connections, Bryce present, report attached

Coffee & Recovery, Shanda not present, report attached

Grace & grit, Megan present, report attached. Meets at Sills Café on Sundays at 4:30

Spiritual Solutions, Joseph present, report attached

Unplug to Connect, no report

SOS, no report

RCM report attached given by Aaron, report attached.

Question to Russ by Jess on badges for H&I

PR report given by Brittnei. Jail meeting happening which still needs support and Sober living still open. We had recovery day last month, we used 5 or less of the IP's and spent \$100 on supplies and \$30 on meeting schedules. Asking for reimbursement of \$136.26. Also H&I orientation is currently happening in Evanston, contact Chad to get on the list. Question for Brittnei regarding items for recovery day, and stated that they used 5 of 16 IP's, and 5 Little White booklets. Curtis just does what the money tells him and he mentioned the cabinet that needs fixed, Russ is hoping to get it done. No other questions for Brittnei.

Activities report given, not present. Halloween at CC Church and looking to have marathon meetings on Christmas.

Web report given by Brittney P, the web site is currently updated and nothing to change at this time

Literature report given by Kurtis, purchased \$892.48 between meetings and \$291.78 in cash taken in for orders. Kurtis needs \$94 from SOS and has their literature from several months ago. Kurtis shared that it's difficult to do home calls and also would like to not take

orders all month long but only at area. Hard to miss one area meeting because it starts the cycle again. Brittany has BT to give away, and several groups shared interest in them, cannot be re sold.

Russ G gave guidelines subcommittee report. No date yet, but wants to meet in person for the first meeting. Decided on November 1st at 2:30 Davis behavior health structural startup, zoom later. Please show up.

Renewal time for corporate documents. Aaron was added and we removed Cody W. left James, Jessy & Russ

Treasurer, Derrick submitted a report and attached. \$333.95 lit balance, \$245 activities, and \$591.22 balance. We have money to reimburse Brittini. Motion to reimburse Brittini by Shanda, 2nd by Cody, no opposed. \$461.32 new working balance. Talked about giving URICNA funds for Hospitalities and the Zoom card needs to be changed. Who ever has access to the card needs to change it.

Break at 5:20 Reopened at 5:35 with open discussion.

URICNA, do we want to do hospitality? Discussion on elections and was stated that the body can do what they choose to do while in business session. Aaron wants to add elections to the web site and are in December. Straw poll taken and results for nominating and voting on the same day were one opposed, six for. Area wants to provide \$300 for the URICNA hospitality in Salt Lake in November. UWA is not donating, Northern does donate, Central does and we can have a signup sheet for home groups to donate. Bryce asks why are we supporting these events when our groups already donate to the structure and we also have a registration fee at the event? Brittini says because it's a small convention with limited funds and getting together helps people get involved. The event is break even with a lot of newcomers says Aaron. The unity creates a domino effect. If everyone keeps their funds then the money doesn't get to addicts. The committee has no budget for food or hospitality. Shanda motions to spend \$300, Cody 2nd, passed with one abstain, one opposed.

Discussion regarding guidelines and for supporting the events of the regions and other groups. Derrick wonders what others are doing compared to what we can do. DeLynda, says she is in favor because we have funds. James, URICNA chair says 1, tracking amounts tall order, groups donated what they could and can't be tracked. 2. Is a regional convention and we are part of and each group is involved in funding. Any donations given or helping out is valuable and we usually have great hospitality rooms. Russ wants to spend money to grow the groups and that the area had a growth committee at one time. James says

treatment centers are priority as far as growing membership in Utah. Russ says have an event.

Tahna asks how do we get supplies? James brought BT for those in need, cannot sell. Motion \$50 for literature to the Grace & Grit group by Russ. Bryce second, no opposed

TGIF not here for workshop.

Announcement review, spot light is the TGIF which needs support. Guidelines will be updated, separate between jail listings, separate listing needed.

Motion of adjourn at 6:18

ILS

Stephen H

steveh@allwest.net

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Kleanns ville Date 2026-10-04

MONTHLY

Attendance 96

Newcomers 6

Collections \$ 136

Rent \$ 20

Supplies: \$25

Literature Order \$ 81

Area Donation \$ 10

Report

Report given by 

Lakeside Unity Area Narcotics Anonymous

GROUP REPORT

Group Name: Refuse to Use Group, Evanston Date 10/4/2026

MONTHLY

Attendance	<u>159</u>
Newcomers	<u>1</u>
Collections	<u>\$ 354.75</u>
Activities	<u>\$ 0</u>
Rent	<u>\$ 60.00</u>
Pizza	<u>\$ 60.00</u>
Lit and Supplies	<u>\$ 0</u>
Travel	<u>\$ 35.00</u>
Area Donation	<u>\$ 99.88</u>
Regional Donation	<u>\$ 0</u>
World Donation	<u>\$ 99.87</u>

Report: All is going great with RTU! Meeting attendance was up a bit from last month. The group opted not to do a Halloween activity nor a Thanksgiving activity but we are encouraging addicts to attend holiday activities taking place in Utah. Our group is doing a Christmas party with the date, time, and location yet to be determined. Mark S. will be our birthday party chair and our campout chair for 2027. Our group is in need of a new secretary as ours had to step down. We were approached by the drug court program and asked if we would be willing to use a stamp when signing court cards? It seems that some addicts have been forging names. We said yes and that we would need 2 stamps as we have 2 meeting facilities. Finally, we have changed our Monday night format to "Chair's Choice" and ask that this get updated on the meeting schedule both online and in print version. We have an area donation of \$99.88.

Report Given By: DeLynda H., GSR for the RTU

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Key Tag & Hug Date 10-04-26

MONTHLY

Attendance 124

Newcomers 2

Collections \$ 199.00

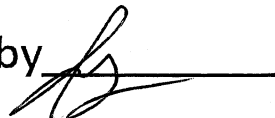
Rent \$ 50.00

Literature Order \$ 83.90

Area Donation \$ 65.00

Report

Meetings are really going good and I am
and even with soft ball season attendance
has peaked up

Report given by 

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Finally Connected Date 10-6-26

MONTHLY

Attendance avg 5 addicts per mtg

Newcomers 1

Collections \$ 53.25

Rent \$ 30.00

Literature Order \$ ~~0~~

Area Donation \$ ~~0~~

Report

meeting is going good smaller mtgs but
have been great.

Report given by Bob

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name New Connections Date 10/4/26

MONTHLY

Attendance	<u>121</u>
Newcomers	<u>10</u>
Collections	<u>\$253.00</u>
Rent	<u>\$ 20.00</u>
Literature Order	<u>\$ ~~10~~ 0.00</u>
Area Donation	<u>\$ 223.00</u>

Report

Meeting is going good!

Report given by Bryce D.

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Coffee & Recovery Date 10/4/26

MONTHLY

Attendance 110ish

Newcomers 4

Collections \$

Rent \$

Literature Order \$

Area Donation \$ 200.

Report

Best meeting group ever
work steps before meeting - go out
to dinner After meeting. Demand
Bringing girls in again!!

Report given by Shanda

Lakeside Unity Area Narcotics Anonymous
Group Report

Group Name Grace & Grit Date Oct 4th

MONTHLY

Attendance 8

Newcomers 1

Collections \$ 52.97

Rent \$ 0

Literature Order \$ 23.⁰⁰

Area Donation \$

Report

Ljosagra@gmail.com

Report given by Megan B

Lakeside Unity Area Narcotics Anonymous

Group Report

Group Name Sunday Night Date 9/27/26

MONTHLY

Attendance 29

Newcomers 2

Collections \$ 24

Rent \$ 30

Literature Order \$ 0

Area Donation \$ 0

Report

Meetings are regular. Small but
going.

Report given by ACF/B

October 4th 2026
RCM Report

I wanted to provide a quick update on what is happening in Lakeside and around the Utah Region, along with some opportunities for us to get involved in service and fellowship.

Lakeside Unity Area

There are several opportunities for service within Lakeside right now.

Lakeside is looking for women who are willing to take meetings into the Davis County Jail. There is also a need for addicts willing to facilitate a meeting at Davis Behavioral Health Sober Living in Farmington. Anyone interested can attend the Lakeside H&I meeting on the first Sunday of each month at 3:45 PM at DBH Reach out to Brittini K. for more info.

Lakeside is also looking for support with H&I in Evanston, Wyoming. The H&I meeting is held the first Tuesday of every month at 6 PM at Alliance Church. Members who participate in H&I may have the opportunity to take a meeting into the Uinta County Jail, which is held on the last Tuesday of each month. Reach out to Cody P. for more info about this please.

Our PR committee is also looking for a facilitator to take meetings into Diamond Detox in Kaysville on the first Sunday of every month.

There is a committee meeting focused on modernizing and improving the Lakeside Area guidelines. If anyone is interested in helping with that project, they can contact Russ G.

Lakeside has a new women's meeting called Grace and Grit, meeting Sundays at 4:30 PM at Sills Cafe.

Regional Events

An upcoming Regional event is URICNA 2026, happening November 13–15 at the SLC Marriott University Park in Salt Lake City. More information is continuing to come out, and registration is available through the Regional event information.

There is also a URICNA Pie Contest Fundraiser on October 10 from 2–5 PM at The Recovery Cafe in Logan. It is \$5 to enter a pie and \$3 to judge, with a prize for the pie receiving the most votes.

The Region is also looking ahead to Campvention 44, which will be held June 17–20, 2027, at Weber Memorial Campground in Huntsville, Utah.

The Campvention 44 logo contest is currently open through November 25, 2026, with the winner receiving a basic Campvention registration.

The Utah NA Women's Retreat is also accepting speaker submissions. The deadline for submissions is December 6.

Closing

There is a lot of good stuff happening right now.

I encourage everyone to look at these opportunities and find a place where they can get involved.

I'll continue to bring Regional and Lakeside updates back to the Area as information becomes available.

In loving service,

Arron
RCM

Lakeside Unity Area of Narcotics Anonymous - 2026

	Notes	January	February	March	April	May	June	July	August	September	October	November	December	Year-To-Date
Income														
Kleinsville	HA	\$7.00	\$14.00	\$40.00	\$8.00	\$53.00		\$69.00			\$10.00			\$291.00
Key Tag & Hug	Tu	\$49.00	\$42.00	\$56.00	\$16.00	\$51.00	\$30.00		\$443.00	\$113.00	\$66.00			\$865.00
New Connections	W	\$119.00	\$140.00	\$133.00	\$127.00	\$134.00	\$85.00	\$37.00	\$376.00	\$156.00	\$223.00			\$1,530.00
Unplug to Connect	W	\$135.00	\$39.00	\$40.00		\$43.10		\$21.00						\$278.10
Coffee and Recovery	Th		\$40.00				\$200.00		\$100.00	\$70.00	\$200.00			\$710.00
TGIF	F		\$59.00					\$26.00						\$85.00
Surrender on Saturday	Sa													-
Spiritual Solutions	Su			\$103.00										\$103.00
Refuse to Use	M, W, F, Sa, Su				\$45.33	\$49.18			\$89.91	\$216.29	\$99.88			\$500.59
Finally Connected	Tu, Th		\$77.00			\$160.35	\$59.55							\$296.90
Other														-
7th Tradition														-
Total Income		\$310.00	\$411.00	\$372.00	\$196.33	\$490.63	\$374.55	\$253.00	\$1008.91	\$555.29	\$597.88			\$4,569.59
Expenses														
Area Rent (JFT/SPAD/BASIC)*	\$42.90/month	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90	\$42.90			\$429.00
H&I / PR Literature*	as needed													-
NAWS Donaton	50%	\$31.00	\$41.10	\$37.20	\$19.64	\$49.07	\$37.46	\$25.30	\$100.90	\$55.53	\$59.79	-	-	\$456.99
Region Donation	50%	\$62.00	\$82.20	\$74.40	\$39.27	\$98.13	\$74.91	\$50.60	\$201.79	\$111.06	\$119.58	-	-	\$913.94
Storage Unit (due on 3rd)	\$69/month	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00	\$69.00			\$690.00
Phone Line	\$25/month	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00			\$250.00
Zoom (21st, previous month)	\$18.22/month	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22	\$18.22			\$182.20
Schedules	as needed													-
H&I / PR Events	as needed										\$130.00			\$130.00
Webpage (8/16/26)	\$398.59/2-years								\$398.59					\$398.59
Wix Domain (3/12/27)	\$48.74/year													-
GoDaddy Domain (11/2/26)	\$247/year													-
PO Box (3/31/26)	\$196.00/year			\$196.00										\$196.00
Adjustments / Motions									\$400.00		\$300.00			\$700.00
Literature Income		\$267.65	\$239.60	\$216.05	\$272.55	\$167.10	\$221.19	\$194.25	\$38.65	\$266.10	\$291.78			\$2,174.92
Literature Expense		\$706.29	\$327.50		\$530.23		\$520.50				\$892.48			\$2,977.00
Literature Balance	\$707.03	\$311.29	\$266.29	\$525.24	\$310.46	\$520.46	\$264.05	\$501.20	\$582.75	\$891.75	\$333.95	-	-	
Activities Income				\$156.00		\$203.00		\$207.00	\$125.00					\$691.00
Activities Expense				\$211.94				\$56.00	\$390.00					\$657.94
Activities Balance	\$150.00	\$211.94	\$211.94	\$156.00	\$156.00	\$359.00	\$359.00	\$510.00	\$245.00	\$245.00	\$245.00	-	-	
Total Deposit		\$577.65	\$650.60	\$744.05	\$468.88	\$860.73	\$595.74	\$654.25	\$1,172.56	\$821.39	\$889.66			\$7,435.51
Earned Interest		\$0.04	\$0.03	\$0.01		\$0.04	\$0.05	\$0.03	\$0.07		\$0.01			\$0.28
Total Expenses		\$911.51	\$563.02	\$631.76	\$701.36	\$259.42	\$745.09	\$244.12	\$1,603.50	\$278.81	\$1,614.07	-	-	\$7,552.66
Bank Balance	\$857.05	\$523.23	\$610.84	\$723.14	\$490.66	\$1,092.01	\$942.71	\$1,352.87	\$922.00	\$1,464.58	\$740.18	-	-	
Working Balance	\$0.02	\$0.00	\$132.61	\$41.90	\$24.20	\$212.55	\$319.66	\$341.67	\$94.25	\$327.83	\$161.23			
Prudent Income		\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02	\$0.02			\$0.26
Prudent Expense		-	-	-	-	-	-	-	-	-	-	-	-	-
Prudent Balance	\$501.05	\$501.07	\$501.09	\$501.11	\$501.13	\$501.15	\$501.17	\$501.19	\$501.21	\$501.23	\$501.25	-	-	

*Monthly Rent in books and H&I/PR Lit added to Lit Balance only, not a cash expense.

10/4/26 Literature Report

Purchased

\$ 892.48

Sales

Sunday Night

105.01

Grace & Grit

22.40

Keytag & A Hug

83.90

Kleahsville

80.19

~~XXXXXX~~

~~XXXXXX~~

Total cash received \$ 291.78